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HEALTH AND WELLBEING POLICY 2017–2021

1. POLICY STATEMENT:

Frankston City Council seeks a Planned and Liveable City where people have the opportunity to pursue healthy lifestyles and enjoy good health and wellbeing at every stage of life.

Council is committed to using its resources, influence and advocacy to improve the social, economic, cultural, natural and built environments within the municipality to reduce the risk factors that lead to poor health, and ensure the community can pursue healthy lifestyle opportunities to be engaged and connected. This includes the creation of welcoming neighbourhoods and vibrant town centres, access to open space, affordable housing and employment, and a diverse community that is connected through participation in sporting facilities, leisure activities, events and festivals.

Council will take a place-based approach to health planning that is guided by the Community Building Outcomes Framework, which is based on key indicators of liveability and health that enable a deep understanding of our community and the identification of where and how to best use resources, improve service delivery, form partnerships and build social capital to affect long term change.

2. REASON FOR POLICY:

Health and wellbeing are central to individuals fulfilling their potential and achieving optimal participation in all aspects of community life. Good health promotes safety, physical activity and nutrition, resilience and self-esteem, maximises social and economic prosperity and reduces social isolation and poor mental health and the need for excessive public expenditure.

3. SCOPE:

This Policy guides the development of the Municipal Health and Wellbeing Plan, provides input to the Council Plan and informs decision-making and actions in respect of the planning and delivery of projects, initiatives, services and infrastructure recognising the benefit to the health and wellbeing of Frankston City's communities.

Council will work towards the achievement of the following long-term community building outcomes:

- Safe Communities, including diverse and affordable housing and safe behaviors.
- Community Strength, including vibrant, inclusive and engaged communities.

- Healthy Communities, including healthy and active and healthy lifestyles and health literacy.
- Stronger Families, including respectful relationships and positive early childhood development.
- Sustainable Environment, including the sustainable use of resources and biodiversity.
- Sustainable Economy, including a diverse and growing economy and a skilled local workforce.
- Learning Community, including lifelong learning and literacy.

4. AUTHORISATION:

This Policy is approved by Frankston City Council and delegated to the Chief Executive Officer to be managed:

..... Mayor, Frankston City Council
..... CEO, Frankston City Council
..... General Manager, Communities

5. REVISION DATE/RELEVANT POLICIES SUPERSEDED:

This Policy will be evaluated every four years in the 12 month period following the local government election.

6. PRINCIPLES

- Capacity building, empowerment and the realisation of human and social potential are considerations for sustainable development and economic growth.
- Health and wellbeing creation is central to planning and service delivery.
- Social inclusion and equitable access to resources and opportunities is a fundamental human right regardless of culture, gender, ability, age, religion or faith, sexual orientation, social or economic status.
- Quality of the natural and built environment is a major contributor to the quality of human health and wellbeing.

7. ROLES AND RESPONSIBILITIES:

Manager Community Strengthening shall be responsible for the development, review and promotion of this Policy. Executive Management Team is responsible to determine the application of this Policy as it influences all Council Divisions.

8. POLICY NON-COMPLIANCE:

Failure to observe this Policy may negatively impact the realisation of the most advantageous health and wellbeing outcomes for the Frankston community.

9. RELATED DOCUMENTS:

- *Public Health and Wellbeing Act 2008*
- Victorian Health and Wellbeing Plan 2015–2019
- Victorian Aboriginal Local Government Action Plan
- Ending Family Violence: Victoria's Plan for Change
- Safe and Strong: A Victorian Gender Equality Strategy
- Victorian State Disability Plan 2017–2020
- *Victorian Disability Act 2006*
- *Victorian Climate Change Act 2010*
- Human Rights Charter
- Frankston City Community Plan 2017–2021
- Council Plan 2017-2021
- Frankston City Health and Wellbeing Plan 2017–2021
- Frankston City Municipal Strategic Statement
- Frankston City Community Engagement Policy
- Frankston City Economic Development Strategy 2016–2022
- Frankston City Child and Family Plan 2014–2018

10. IMPLEMENTATION OF THE POLICY

The Executive Management Team is responsible for the implementation of this Policy.

11. DEFINITIONS:

Community: All residents; ratepayers; landowners; and members of the general public including individuals; groups; visitors; organisations; government and business.