



Frankston City Council
**Seniors
Festival
2026**
Festival Program

CONNECT CREATE CELEBRATE

5–31 October



Bookings open
9am Monday 14 September

Frankston City Council acknowledges the Bunurong people of the Kulin Nation as the Traditional Custodians of the lands and waters in and around Frankston City, and value and recognise local Aboriginal and Torres Strait Islander cultures, heritage and connection to land as a proud part of a shared identity for Frankston City.

Council pays respect to Elders past and present and recognises their importance in maintaining knowledge, traditions and culture in our community.

Council also respectfully acknowledges the Bunurong Land Council as the Registered Aboriginal Party responsible for managing the Aboriginal cultural heritage of the land and waters where Frankston City Council is situated.



Welcome to the Frankston Seniors Festival 2026!

We are delighted to welcome you to this year's festival as we celebrate the strength, diversity, and spirit of our vibrant senior community.

Our theme, Connect. Create. Celebrate. continues to inspire us to come together, build meaningful friendships, explore new interests, and celebrate the valuable contributions and experiences that enrich our lives. The festival is also an opportunity to discover activities, groups, and connections that can support your wellbeing for years to come.

We're especially excited to announce our highlight event for 2026:

Bee Gees Revival — Join us for this free event on Saturday, 31 October 2026 and experience the timeless music, energy, and harmony of one of the world's most iconic bands. Sing along to all the classic hits in what promises to be a fantastic afternoon of entertainment.

We extend our sincere thanks to the many local community groups, organisations, volunteers, and supporters who help make the Frankston Seniors Festival possible.

Bookings open at 9am on Monday, 14 September 2026, and are essential unless otherwise stated.

Thank you for being part of the Frankston Seniors Festival.

Let's **connect, create, and celebrate** — together!



Free public transport

Saturday 3 October to Sunday 11 October 2026

Seniors' Card holders can enjoy 9 days of free public transport across Victoria from 3 to 11 October 2026. This includes all metropolitan public transport services, V/Line train and coach services, and selected regional bus services outside the myki area.

How to travel:

- Always carry your Seniors myki and Victorian Seniors Card.
- Touch on and off as usual — you won't be charged.
- On non-myki regional services, just show your Seniors Card.

Where you can go:

- Melbourne trains, trams and buses
- Regional trains, coaches and buses (including town services)
- Travel off-peak for a better chance of getting a seat

Booking for Regional Travel:

- Reserve seats for long-distance V/Line trains and some coaches
- Book from 10am Tuesday 1 September at your nearest station, agent or call 1800 800 007
- Free travel in economy class only

- Collect tickets within 48 hours of booking
- Group bookings (up to 19 for trains, 12+ for coaches) can be made in person: larger groups book online at vline.com.au/grouptravel
- Cancel if not travelling so others can use your reserved seat



Event	Time	Cost	Page
Monday 5 October			
Discover Cruden Farm *Open Monday-Friday throughout the Festival	10am	\$5	12
Tuesday 6 October			
Can Swim at Peninsula Leisure (PARC)	8am	Free	13
Friends at First Sight — Women's Garden and Kitchen Government House	8.15am	Free	14
Walking Netball	9.30am	*Free/ Gold coin	15
The Letterbox Project	10.30am	Free	16
Wednesday 7 October			
Friendship Morning Invitation — Probus Club of Frankston	10am	Free	17
What is Artificial Intelligence (AI)?	11am	Free	17
Friendship Day at CWA Frankston	11am	Free/ Gold coin	18
The Great Gatsby Dance Series — Class one	1.30pm	Free	19
FrankTALK — Ken Piesse — A Centenary of Country Cricket	6pm	Free	31
Thursday 8 October			
Guided Walk at Sweetwater Creek Nature Reserve	9.30am	Free	21
Walking Netball	9.30am	*Free/ Gold coin	21
PARC Active Movers at the Library	9.30am	Free	22
Mindful Art for Relaxation	10am	Gold coin	23

Event	Time	Cost	Page
Thursday 8 October continued			
Friends at First Sight — Blokes who Brunch	10.30am	Free	24
Explore your Family History	11am	Free	25
From Our Kitchen to Yours: Meals on Wheels Community Cooking Demo	11.30am	Free	25
Come and Try Masters Athletics	7pm	Free	26
Friday 9 October			
Downsize with Ease	10.30am	Gold coin	27
Monday 12 October			
Healthy Futures Hub Open Day	10am	Free	28
PARC — 30-20-2 Seminar	2pm	Free	28
Tuesday 13 October			
Can Swim at Peninsula Leisure (PARC)	8am	Free	29
Friends at First Sight — Women's Garden & Kitchen Government House	8.15am	Free	30
Walking Netball	9.30am	*Free/ Gold coin	31
The Letterbox Project	10.30am	Free	31
Alan Wickes OAM, The Second Storey Man	10.30am	Gold coin	32
Zumba Gold	10.30am	Free	33
Wednesday 14 October			
Probus Carrum Downs Open Day	10am	Free	34
The Great Gatsby Dance Series — Class two	1.30pm	Free	35
FrankTALK with Tricia Stringer	6pm	Free	36

Event	Time	Cost	Page
Thursday 15 October			
PARC Active Movers at the Library	9.30am	Free	37
Walking Netball	9.30am	*Free/ Gold coin	37
Laughter Fitness Workshop	10am	\$5	38
Friends at First Sight — Blokes who Brunch	10.30am	Free	39
Spring has Sprung — CWA Frankston South	10.30am	Free	40
Explore your Family History	11am	Free	41
Come and Try Masters Athletics	7pm	Free	41
Friday 16 October			
Morning Tea and Guest Speaker — Frankston Combined Probus Club	9.30am	Free	41
Book Club Information Session	10.30am	Free	42
Saturday 17 October			
Pines Patch Community Garden Open Day	7am	Free	43
Pines Men's Shed Open Day	9.30am	Free	43
Craft Revival	10am	Gold coin	44
Denim N'Lace Line Dancing	10.30am	Free	44
Craft Revival (session two)	1pm	Gold coin	44
The Joy of Music — A Special Event **Tickets sales open 1 September	2.30pm	\$20	45
Sunday 18 October			
Chinese Cultural Experience	9am	Free	46
Don't Buy it New — Repair it!	1pm	Free	46
Sri Lankan Seniors Cultural Fest	3pm	\$5	47

Event	Time	Cost	Page
Monday 19 October			
The National Centre for Healthy Ageing — Functional Fitness Testing	9.30am	Free	47
Monday Melodies — East Frankston Over 55s	1pm	Gold coin	48
Tuesday 20 October			
Can Swim at Peninsula Leisure (PARC)	8am	Free	48
Friends at First Sight — Women's Garden and Kitchen Government House	8.15am	Free	49
Walking Netball	9.30am	*Free/ Gold coin	50
The Letterbox Project	10.30am	Free	51
Kalenka Russian Singing Group	1pm	Free	52
Wednesday 21 October			
Death Café — The Epilogue Workshop	10.30am	Free	53
Seniors High Tea at Lyrebird	11am	\$2	53
The Great Gatsby Dance Series — Class three	1.30pm	Free	54
Musical entertainment by Alicia O'Brien	2pm	Free	55
Thursday 22 October			
PARC Active Movers at the Library	9.30am	Free	56
Walking Netball	9.30am	*Free/ Gold coin	57
Chatty Devonshire Tea	10am	Gold coin	57
Friends at First Sight — Blokes who Brunch	10.30am	Free	58
Explore your Family History	11am	Free	59

Event	Time	Cost	Page
Thursday 22 October continued			
From Our Kitchen to Yours: Meals on Wheels Community Cooking Demo	11.30am	Free	59
Come and Try Masters Athletics	7pm	Free	60
Friday 23 October			
Denim N'Lace Line Dancing	10.30am	Free	60
Saturday 24 October			
Open Day — Langwarrin Community Garden	10.30am	Free	61
FrankTALK with William McInnes	2pm	Free	62
Sunday 25 October			
Joy of the Earth Community Garden Open Day	10am	Free	63
Singing Group with Plant Music and Friends	1pm and 2.30pm	Free	64
Monday 26 October			
Safe Driver	11am	Free	65
The National Centre for Healthy Ageing — Try the new Seniors Exercise Park	11am	Free	66
Tuesday 27 October			
Can Swim at Peninsula Leisure (PARC)	8am	Free	67
Walking Netball	9.30am	*Free/ Gold coin	67
Indoor Craft and Food Market	10am	Free	68
The Letterbox Project	10.30am	Free	68

Event	Time	Cost	Page
Wednesday 28 October			
Introduction to Volunteering in Retirement	10.30am	Free	69
Treasure and Tales	10.30am	Free	70
The Gathering Groove — Social Activities	1pm	Gold coin	70
Unlocking the world of eBooks and eAudiobooks — a guide to BorrowBox and Libby	2pm	Free	71
The Great Gatsby Social Dance	6.30pm	Free	72
Thursday 29 October			
Walking Netball	9.30am	*Free/ Gold coin	73
Musical Melodies with a Cuppa and Chat	10am	Gold coin	73
Friends at First Sight — Blokes Who Brunch	10.30am	Free	74
Explore your Family History	11am	Free	75
Come and Try Masters Athletics	7pm	Free	75
Saturday 31 October			
Festival Closing Event Bee Gees Revival!	4pm	Free	76

*First visit is free

Monday 5 October

Discover Cruden Farm

During the Festival, enjoy a weekday wander through Cruden Farm — one of Australia's most iconic and beloved gardens. Explore beautifully manicured landscapes, tranquil walking paths, and peaceful natural surrounds. Present your Seniors Card to receive 50 per cent off your entry ticket. No booking needed.



Cruden Farm

Entry via Cranhaven Road,
60 Cranbourne-Frankston Road, Langwarrin



Monday–Friday, 10am–4pm



\$5 upon presentation of a Seniors Card



Wheelchair access and toilet facilities



**CONNECT
CREATE
CELEBRATE**



Tuesday 6 October

Can Swim at Peninsula Leisure (PARC)

Want to feel confident when in water or just new to swimming? Join our 4-week Can Swim program to build water safety, confidence, and basic survival skills. Book one or all sessions. For beginners only — focused on safety, not strokes.



PARC, 16N Cranbourne Road, Frankston



8–8.45am



Free



Maximum 1 ticket per
booking.

can.swim@peninsula
leisure.com.au
or Sarah at PARC
9781 8444



Wheelchair
access and
toilet facilities



Tuesday 6 October continued

Friends at First Sight — Women's Kitchen and Garden Event at Government House

Friends at First Sight events focus on building new social connections — so each person can book just one ticket.

Step into the charm of Government House and enjoy a guided tour of its magnificent grounds and lush gardens. Get hands-on in the kitchen with fresh produce from the kitchen garden and savour the delicious dishes you help prepare.

A perfect day of discovery, connection and great food in an unforgettable setting! Spaces are limited and bookings are essential.

Good mobility and a reasonable level of fitness are required as there are steps, small hills and uneven surfaces to navigate.

Please note: If you participated in 2024 or 2025, you won't be eligible to attend this year — we want to spread the love.

 Meet at 8.15am at the front of the Frankston Civic Centre, 30 Davey Street, Frankston

Bus will return to Frankston at approximately 3.30pm

 Free

 Maximum 1 ticket per booking

 trybooking.com/DNFDH or call Council on 1300 322 322

Frankston and District Netball Association (FDNA) Walking Netball

Join the FDNA Walking Netball community every Tuesday throughout the Festival for a social and low-impact way to stay active. Walking Netball has no running or jumping involved. Stay afterwards for a coffee and chat with new friends. All skill levels welcome! No need to book.

 Jubilee Park Stadium
83R–85R Hillcrest Road, Frankston

 9.30–10.30am

 First visit is free; gold coin donation for additional sessions.

 Wheelchair access and toilet facilities



Tuesday 6 October continued

The Letterbox Project

A warm and welcoming way to connect with others through the simple joy of handwritten letters. You're invited to write and receive anonymous letters, sharing stories, thoughts or kind messages in a safe and supportive space. This is a facilitated session. No writing experience or bookings required.

This event runs every Tuesday during the Festival. A facilitator will be present at each session, with the exception of 13 October.

 Frankston Library, 60 Playne Street, Frankston

 10.30–11.30am

 Free

 Wheelchair access and toilet facilities



Wednesday 7 October

Friendship Morning Invitation — Probus Club of Frankston

You are invited to attend the Club's monthly meeting and be introduced to the Probus motto of Friendship, Fellowship and Fun. This will be followed by a guest speaker or a screening of video of interest. Refreshments will be served with plenty of time for a chat. Bookings essential.

 Frankston RSL (pavilion at rear)
183 Cranbourne Rd, Frankston

 10–11.55am

 Free

 Mary, 0418 568 234

 Wheelchair access and toilet facilities

What is Artificial Intelligence (AI)?

Artificial intelligence is becoming part of everyday life. We'll explore what AI is, how it's used in common tools and services, and what to keep in mind around privacy and safety.

 Frankston Library, 60 Playne Street, Frankston

 11am–12.30pm

 Free

 library.frankston.vic.gov.au/Community-Connection/News-and-Updates/News/Frankston-Seniors-Festival-2026 or Frankston Library, 9784 1020

 Wheelchair access and toilet facilities

Wednesday 7 October continued

Friendship Day at CWA Frankston

CWA Frankston invites you to attend our Friendship Day! From 11am enjoy a delicious Devonshire Tea whilst browsing our pop-up shop and from 12pm, let the bingo games begin! Bookings essential.

-  CWA Frankston, 33 Beach Street, Frankston
-  11am–1pm
-  Free entry or gold coin donation for Devonshire Tea
-  cwafrankston33@gmail.com or Dianne, 0429 421 010
-  Wheelchair access and toilet facilities



The Great Gatsby Dance Class Series — Class One

Join us for a fun and welcoming dance class series inspired by the elegance, energy and sparkle of the Great Gatsby era.

Whether you're brand new to dancing or simply looking to brush up on your moves, these classes are designed for everyone. Led by the talented Susan, you'll learn classic dances and lively steps reminiscent of the 1920s in a relaxed, inclusive and social atmosphere.

The dance classes will be held each Wednesday for three consecutive weeks, culminating in a Great Gatsby Social Dance Night. Attend one, two, or all three classes in the lead-up to the big event.

Each class concludes with a cuppa and a chat, providing the perfect opportunity to connect with others and make new friends.

Please do not wear backless shoes.

-  Bruce Park Hall, 1/19N Bondi Ave, Frankston
-  1.30–2.30pm
-  Free (Bookings essential)
-  Maximum of 2 tickets per booking
trybooking.com/DNABA or phone Council on 1300 322 322

Wednesday 7 October continued

FrankTALK with Ken Piesse — A Centenary of Country Cricket

Cricket legends, bush heroes and big stories take centre stage as acclaimed sportswriter Ken Piesse celebrates 100 years of Victorian country cricket.

📍 Frankston Library, 60 Playne Street, Frankston

🕒 6–7pm

💰 Free

📄 library.frankston.vic.gov.au/Community-Connection/News-and-Updates/News/Frankston-Seniors-Festival-2026 or Frankston Library, 9784 1020

♿ Wheelchair access and toilet facilities



Thursday 8 October

Guided Walk at Sweetwater Creek

Enjoy a scenic guided walk along beautiful walking trails and boardwalks, featuring stunning views of Sweetwater Creek and the surrounding native bushland. After the walk relax and connect over a delicious morning tea hosted by Action Sweetwater Creek. Bookings are essential.

📍 Sweetwater Creek Nature Reserve noticeboard
Enter via the laneway between 47–49 Fleetwood Crescent, Frankston South

🕒 9.30–11.30am

💰 Free

📄 Jenny, 0412 844 112 or sweetwater.action@gmail.com

Frankston and District Netball Association (FDNA) Walking Netball

Join the FDNA Walking Netball community every Thursday throughout the Festival for a social and low-impact way to stay active. Walking Netball has no running or jumping involved. Stay afterwards for a coffee and chat with new friends. All skill levels welcome! No need to book.

📍 Jubilee Park Stadium
83R–85R Hillcrest Road, Frankston

🕒 9.30–10.30am

💰 First visit is free; gold coin donation for additional sessions

♿ Wheelchair access and toilet facilities

Thursday 8 October continued

PARC Active Movers in the Library

Join us at your local Frankston library for PARC Active Movers, a fun and low-impact fitness class designed especially for older adults and those with limited mobility. Delivered by friendly PARC instructors, this seated class focuses on gentle movements to boost strength, flexibility, and overall wellbeing — all at a pace that suits you.

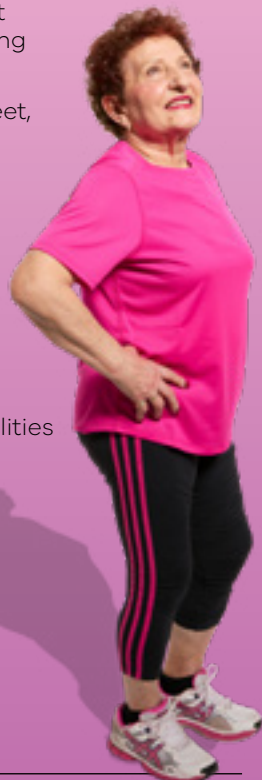
 Frankston Library, 60 Playne Street, Frankston

 9.30–10.15am

 Free

 library.frankston.vic.gov.au/Community-ConnectionNews-and-Updates/News/Frankston-SeniorsFestival-2026 or Frankston Library, 9784 1020

 Wheelchair access and toilet facilities



Mindful Art for Relaxation

No artistic experience is needed — simply come along and enjoy a creative and relaxing session. Guided activities will help you explore artistic expression to reduce stress, promote wellbeing, and create a sense of calm. Connect with others, enjoy a complimentary cuppa, and unwind in a friendly and welcoming atmosphere.

 Coffee on Kareela Community Café
53 Kareela Road,
Frankston East

 10am–12pm

 Gold Coin

 Maximum of
5 tickets per
booking,
Danielle,
0492 863 635

 Wheelchair access
and toilet facilities



Thursday 8 October continued

Friends at First Sight — Blokes Who Brunch

Blokes Who Brunch is a four-week cooking series designed for men who want to build confidence in the kitchen, learn simple nutritious meals, and connect with others in a relaxed social setting.

Across four weekly classes, participants will learn practical cooking skills and prepare easy affordable meals that can be recreated at home. Each session focuses on food preparation, shared meals, and building everyday confidence around food and healthy eating.

More than just cooking classes, Blokes Who Brunch creates space for conversation, connection, and community — bringing men together around the table in a welcoming and supportive environment.

Friends at First Sight events are all about making new social connections — that's why each participant is invited to book ONE ticket only. Limited spaces and bookings are essential.

 Karingal PLACE Neighbourhood Centre
103 Ashleigh Avenue, Frankston

 10.30am–12.30pm

 Free

 Reception, 8786 6650

 Wheelchair access and toilet facilities

Explore your Family History

Curious about your family tree? The Mornington Peninsula Family History Society welcomes beginners and experienced researchers to our centre to explore a wide range of family history resources. Our experienced volunteers will be on hand to help you get started or assist if you're stuck. Tea and coffee available.

 Frankston South Community Centre
55 Towerhill Road, Frankston South

 11am–2pm

 Free

 Wheelchair access and toilet facilities

From Our Kitchen to Yours: Meals on Wheels Community Cooking Demo

Looking for inspiration and ideas for simple, delicious meals? Join Frankston City Council's Meals on Wheels Chef for a live cooking demonstration featuring one of our favourite dishes. You'll also discover the volunteer roles that help bring this program to life — and how you might get involved!

 210 Beach Street, Frankston

 11.30am–1.30pm

 Free

 Maximum number of 8 tickets per booking Matt,
9768 1624 or matthew.mcaughtrie@frankston.vic.gov.au

 Wheelchair access and toilet facilities

Thursday 8 October continued

Come and Try Masters Athletics

Join us for a Masters Athletics 'Come and Try' session, there are a range of events that cater for people of all abilities. There are sprints, walks and distance running events. There are no winners or losers, everybody wins by having a go.

 Ballam Park Athletics Track
Benanee Avenue, Frankston

 7–8.30pm

 Free

 No booking required,
just turn up

 Wheelchair access
and toilet facilities



Friday 9 October

Downsize with Ease

If you are feeling overwhelmed about the inevitable prospect of downsizing, you are not alone. Join Julia Dyer, downsizing specialist, for independent advice. Discover how to simplify the process, reduce stress, and feel empowered about your next move. Bookings essential.

 Frankston South
Community Centre
55 Towerhill Road,
Frankston South

 10.30am–12pm

 Gold coin

 downsizingconnections.com.au or call Julia,
0404 293 485

 Wheelchair access and
toilet facilities



Monday 12 October

Healthy Futures Hub Open Day — Hosted by The National Centre for Healthy Ageing and Belvedere Community Centre

Looking for an engaging and practical session on staying active and independent as you age? Join us for guided tours of our innovative facilities and discover the student-led Ageing Well Clinics. Learn simple and effective strategies to support your balance and mobility. Light refreshments provided.

 Healthy Futures Hub, 151 East Road, Seaford

 10am–12pm

 Free

 Wheelchair access and toilet facilities

PARC 30-20-2 Seminar

Come along to PARC to learn about 30-20-2, Peninsula Leisure's simple formula for better health and understand physical activity guidelines, followed by a gentle 10-and-Done session, a low impact 10-minute workout led by PARC's qualified trainers.

 PARC, 16N Cranbourne Road, Frankston

 2–2.30pm

 Free

 Maximum 1 ticket per booking, Pru, 9781 8444

 Wheelchair access and toilet facilities

Tuesday 13 October

Can Swim at Peninsula Leisure (PARC)

Want to feel confident when in water or just new to swimming? Join our 4-week Can Swim program to build water safety, confidence, and basic survival skills. Book one or all sessions. For beginners only — focused on safety, not strokes.

 PARC, 16N Cranbourne Road, Frankston

 8–8.45am

 Free

 Maximum 1 ticket per booking.
can.swim@peninsula-leisure.com.au
or Sarah at PARC 9781 8444

 Wheelchair access
and toilet facilities



Tuesday 13 October continued

Friends at First Sight — Women's Kitchen and Garden Event at Government House

Friends at First Sight events focus on building new social connections — so each person can book just one ticket.

Step into the charm of Government House and enjoy a guided tour of its magnificent grounds and lush gardens. Get hands-on in the kitchen with fresh produce from the kitchen garden and savour the delicious dishes you help prepare.

A perfect day of discovery, connection and great food in an unforgettable setting! Spaces are limited and bookings are essential.

Good mobility and a reasonable level of fitness are required as there are steps, small hills and uneven surfaces to navigate.

Please note: If you participated in 2024 or 2025, you won't be eligible to attend this year — we want to spread the love.

-  Meet at 8.15am at the front of the Frankston Civic Centre 30 Davey Street, Frankston.
-  Bus will return to Frankston at approximately 3.30pm
-  Free
-  Maximum 1 ticket per booking
trybooking.com/DNFDH or call Council on 1300 322 322

Frankston and District Netball Association (FDNA) Walking Netball

Join the FDNA Walking Netball community every Tuesday throughout the Festival for a social and low-impact way to stay active. Walking Netball has no running or jumping involved. Stay afterwards for a coffee and chat with new friends. All skill levels welcome! No need to book.

-  Jubilee Park Stadium,
83R–85R Hillcrest Road, Frankston
-  9.30–10.30am
-  First visit is free; gold coin donation for additional sessions.
-  Wheelchair access and toilet facilities

The Letterbox Project

A warm and welcoming way to connect with others through the simple joy of handwritten letters. You're invited to write and receive anonymous letters, sharing stories, thoughts or kind messages in a safe and supportive space. No writing experience or bookings required. Please note this session will not be facilitated.

-  Frankston Library, 60 Playne Street, Frankston
-  10.30–11.30am
-  Free
-  Frankston Library, 9784 1020
-  Wheelchair access and toilet facilities

Tuesday 13 October continued

'The Second Storey Man' — 70 years of Victorian Aussie Rules footy history with local author Alan Wickes OAM

Join local author Alan Wickes as he shares 7 decades of his own footy career revealing authentic footy history from Frankston to Collingwood, wrapped in a scrapbook of pictures and media from the times, all rolled into an absorbing and rollicking yarn.

 Frankston Library, 60 Playne Street, Frankston

 10.30am–12pm

 Free

 library.frankston.vic.gov.au/Community-Connection/News-and-Updates/News/Frankston-Seniors-Festival-2026 or Frankston Library, 9784 1020

 Wheelchair access and toilet facilities



Zumba Gold

Join Jenny for easy-to-follow dance moves, uplifting world music, and a fun way to stay active and social.

Whether you're new to dance or just looking for a gentle fitness class, Zumba Gold is designed for all abilities. Dance your way to a fitter you — come along and give it a try! No booking required.

 Frankston North Community Centre
26 Mahogany Avenue, Frankston North

 10.30–11.30am

 Free

 Wheelchair access and toilet facilities



Wednesday 14 October

Probus Carrum Downs Open Day

In 2026, Probus has reached a significant milestone, marking 50 years of helping tens of thousands of older Australians stay engaged and connected. Probus Carrum Downs warmly invites you to their Open Day! Come along to enjoy an engaging guest speaker and a relaxed morning tea — a great opportunity to connect and learn more about the group. No bookings necessary.

 Lyrebird Community Centre
203 Lyrebird Drive,
Carrum Downs

 10am–12pm

 Free

 Wheelchair access and
toilet facilities



The Great Gatsby Dance Class Series — Class Two

Join us for a fun and welcoming dance class series inspired by the elegance, energy and sparkle of the Great Gatsby era.

Whether you're brand new to dancing or simply looking to brush up on your moves, these classes are designed for everyone. Led by the talented Susan, you'll learn classic dances and lively steps reminiscent of the 1920s in a relaxed, inclusive and social atmosphere.

The dance classes will be held each Wednesday for three consecutive weeks, culminating in a Great Gatsby Social Dance Night. Attend one, two, or all three classes in the lead-up to the big event.

Each class concludes with a cuppa and a chat, providing the perfect opportunity to connect with others and make new friends.

Please do not wear backless shoes.

 Bruce Park Hall
1/19N Bondi Ave, Frankston

 1.30–2.30pm

 Free (Bookings essential)

 Maximum of 2 tickets per booking
trybooking.com/DNABA or
phone Council on 1300 322 322

Wednesday 14 October continued

FrankTALK with Tricia Stringer

Spend an evening with bestselling author Tricia Stringer as she talks about her latest novel, *The Paradise Resort*. Warm, engaging and full of heart, this is a chance to hear from one of Australia's most loved storytellers.

 Frankston Library
60 Playne Street, Frankston

 6–7.30pm

 Free

 library.frankston.vic.gov.au/Community-ConnectionNews-and-Updates/News/Frankston-SeniorsFestival-2026 or Frankston Library, 9784 1020

 Wheelchair access and toilet facilities



Thursday 15 October

PARC Active Movers in the Library

Join us at your local Frankston library for PARC Active Movers, a fun and low-impact fitness class designed especially for older adults and those with limited mobility. Delivered by friendly PARC instructors, this seated class focuses on gentle movements to boost strength, flexibility, and overall wellbeing — all at a pace that suits you.

 Frankston Library, 60 Playne Street, Frankston

 9.30–10.15am

 Free

 library.frankston.vic.gov.au/Community-ConnectionNews-and-Updates/News/Frankston-SeniorsFestival-2026 or Frankston Library, 9784 1020

 Wheelchair access and toilet facilities

Frankston and District Netball Association (FDNA) Walking Netball

Join the FDNA Walking Netball community every Thursday throughout the Festival for a social and low-impact way to stay active. Walking Netball has no running or jumping involved. Stay afterwards for a coffee and chat with new friends. All skill levels welcome! No need to book.

 Jubilee Park Stadium, 83R–85R Hillcrest Road, Frankston

 9.30–10.30am

 First visit is free, gold coin donation for additional sessions

 Wheelchair access and toilet facilities

Thursday 15 October continued

Laughter Fitness Workshop

Join Natalie, an experienced laughter coach, for a fun and uplifting session exploring the many benefits of laughter for our body, mind and mood. You'll learn how laughter can boost your wellbeing — and enjoy some light-hearted, easy laughter exercises along the way. All abilities are warmly welcome.



Coffee on Kareela Community Café
53 Kareela Road, Frankston East



10am–12pm



\$5



Maximum of 5 tickets per booking. Danielle, 0492 863 635



Wheelchair access and toilet facilities



Friends at First Sight — Blokes Who Brunch

Blokes Who Brunch is a four-week cooking series designed for men who want to build confidence in the kitchen, learn simple nutritious meals, and connect with others in a relaxed social setting.

Across four weekly classes, participants will learn practical cooking skills and prepare easy, affordable meals that can be recreated at home without stress or complicated ingredients. Each session focuses on food preparation, shared meals, and building everyday confidence around food and healthy eating.

More than just cooking classes, Blokes Who Brunch creates space for conversation, connection, and community — bringing men together around the table in a welcoming and supportive environment.

Friends at First Sight events are all about making new social connections — that's why each participant is invited to book ONE ticket only. Limited spaces and bookings are essential.



Karingal PLACE Neighbourhood Centre
103 Ashleigh Avenue, Frankston



10.30am–12.30pm



Free



Wheelchair access and toilet facilities

Thursday 15 October continued

Spring has Sprung at CWA Frankston South

You're warmly invited to our Spring Fling Celebration!

Join us for a fun and inspiring morning filled with seasonal demonstrations, creative activities, and delicious treats. Be part of origami bookmark making, dressing the spring table, learn how to propagate plant cuttings and enjoy our "Rock the Guac" recipe demonstration and tasting. There will also be special door prizes to enjoy.

Morning tea will feature freshly baked muffins, tea and coffee, along with our much-loved Trading Table! Bookings are essential.

 Details will be confirmed at the time of booking

 10.30am–12.30pm

 Gold coin donation

 Maximum of 6 tickets per booking, Jodi, 0413 524 730



Explore your Family History

Curious about your family tree? The Mornington Peninsula Family History Society welcomes beginners and experienced researchers to our centre to explore a wide range of family history resources. Our experienced volunteers will be on hand to help you get started or assist if you're stuck. Tea and coffee available.

 Frankston South Community Centre
55 Towerhill Road, Frankston South

 11am–2pm

 Free

 Wheelchair access and toilet facilities

Come and Try Masters Athletics

Join us for a Masters Athletics 'Come and Try' session, there are a range of events that cater for people of all abilities. There are sprints, walks and distance running events. There are no winners or losers, everybody wins by having a go.

 Ballam Park Athletics Track
Benanee Avenue, Frankston

 7–8.30pm

 Free

 No booking required, just turn up

 Wheelchair access and toilet facilities

Friday 16 October

Morning Tea and Guest Speaker — Frankston Combined Probus Club

Please join the Frankston Combined Probus Club for Morning Tea and enjoy an interesting and entertaining guest speaker. Probus offers a diverse range of activities and outings. Our motto is Fun, Friendship and Fellowship in retirement.

-  Frankston Bowls Club
Corner of Yuille and Williams Street, Frankston
-  9.30am–12pm
-  Free
-  fcprobus@gmail.com or call Leah, 0450 916 366
-  Wheelchair access and toilet facilities

Book Club Information Session

Ever wanted to start your own book club or try out being in one? Come along to a book club information session and learn about our Book Club program and the fabulous titles in our book club collection.

-  Frankston Library, 60 Playne Street, Frankston
-  10.30–11.45am
-  Free
-  library.frankston.vic.gov.au/Whats-On or call Frankston Library, 9784 1020
-  Wheelchair access and toilet facilities

Saturday 17 October

Pines Patch Community Garden Open Day

Enjoy a cuppa and cake and a quiet place to share your knowledge or learn something new... The garden is a place to experience and expand your agricultural knowledge.... Experience the marvel, from seed to produce.

-  Pines Garden Patch
14 Stringybark Crescent, Frankston North
-  7am–4pm
-  Free
-  Wheelchair access and toilet facilities

Pines Men's Shed Open Day

You're invited to the Pines Men's Shed Open Day!

Come along, meet the crew, and see what we're all about. Whether you're curious, keen to get involved, or just up for a good chat, everyone's welcome.

Enjoy a free BBQ while you're here — we'd love to see you!

-  14 Stringybark Crescent, Frankston North
-  9.30am–3.30pm
-  Free
-  Wheelchair access and toilet facilities

Saturday 17 October continued

Craft Revival

Visit the McClelland Spinners and Weavers Studio at McClelland Gallery and enjoy demonstrations of spinning, weaving, knitting, and crochet. Discover the creativity and skill behind these traditional crafts as they experience a growing revival.

Please note there are two sessions on the day.

-  McClelland Spinners and Weavers Studio at McClelland Sculpture Park and Gallery
-  Session one at 10am–12pm, Session two at 1–3pm
-  Gold coin
-  Maximum of 2 tickets per booking Louise 0408 727 430
-  Toilet facilities

Denim N'Lace Line Dancing at Frankston Library

Discover the joy of line dancing — a fun, easy to follow way to stay active, enjoy great music, and connect with others. Enjoy a free, fun session with Nic featuring a demonstration and an all-abilities class. No bookings, partner or experience required.

-  Frankston Library Forecourt, 60 Playne Street, Frankston
-  10.30–11.45am
-  Free
-  Wheelchair access and toilet facilities

The Joy of Music — A Special Event

Be among the first in Victoria to experience an innovative chamber music performance presented by musicians of the Frankston Symphony Orchestra. Designed to be both accessible and enjoyable for people with hearing loss, this unique concert celebrates the power of music to connect, inspire, and include everyone in the community.

Supported by the Social Inclusion Action Group (SIAG) Frankston, this welcoming event offers an intimate and engaging musical experience for audiences of all backgrounds.

-  Frankston High School's Performing Arts Theatre 97 Foot Street, Frankston City
-  2.30–4pm
-  \$20
-  Ticket sales open 1 September
fso.org.au/event-details/concert-4-the-joy-of-music
or call to Frankston City Council 1300 322 322 to assist with online bookings. Accessible seating is available and can be arranged when making your booking.
-  Wheelchair access and toilet facilities

Sunday 18 October

Chinese Cultural Experience

Experience the joy and richness of traditional Chinese culture; enjoy interactive activities such as Tai Chi and mahjong and immerse yourself in the atmosphere as you connect with others. No bookings necessary.

 Leawarra House, 200 Beach Street, Frankston

 9–11am

 Free

 Wheelchair access and toilet facilities

Don't Buy New — Repair it!

Why throw away perfectly fixable items when you can repair, reuse, and learn new skills? Bring your broken small appliances, textiles and clothing, bikes and more. A team of talented volunteer repairers will help you breathe new life into your items. Bookings essential.

 Frankston South Community Centre
55 Towerhill Road, Frankston South

 1–4pm

 Free

 Council, 1300 322 322 or circularity@frankston.vic.gov.au

 Wheelchair access and toilet facilities

Sri Lankan Seniors Cultural Fest

The Carrum Downs Sri Lankan Seniors warmly invite you to celebrate Sri Lankan culture with authentic food, traditional dancing and songs. This is an opportunity to have some fun with this vibrant group.

 A.H. Talbot Hall, 6R Broughton Street, Seaford

 3–4pm

 \$5

 Maximum of 2 tickets per booking. Rohini, 0402 109 536

 Wheelchair access and toilet facilities

Monday 19 October

The National Centre for Healthy Aging — Functional Fitness Testing

Gain a better understanding of your strength, balance, and mobility with free functional fitness testing conducted by supervised Monash University allied health students. These personalised assessments provide valuable insights to support healthy ageing, confidence, and independence. To book your one-hour assessment, call the number below.

 Healthy Futures Hub, 151 East Road, Seaford

 9.30–2.30pm

 Free

 Maximum number of 2 tickets per booking.
Kirsty, 9904 4415

 Wheelchair access and toilet facilities

Monday 19 October continued

Monday Melodies — East Frankston Over 55s

Come along and be entertained by Rob Foenander singing all his popular songs, and if you feel like dancing please do so. A light afternoon tea will follow. No bookings required.



Leawarra House, 200 Beach Street, Frankston



1–3pm



Gold Coin



Wheelchair access and toilet facilities

Tuesday 20 October

Can Swim at Peninsula Leisure (PARC)

Want to feel confident when in water or just new to swimming? Join our 4-week Can Swim program to build water safety, confidence, and basic survival skills. Book one or all sessions. For beginners only — focused on safety, not strokes.



PARC, 16N Cranbourne Road, Frankston



8–8.45am



Free



Maximum 1 ticket per booking.
can.swim.peninsulaleisure.com.au or Sarah at
PARC 9781 8444



Wheelchair access and toilet facilities

Friends at First Sight — Women's Kitchen and Garden Event at Government House

Friends at First Sight events focus on building new social connections — so each person can book just one ticket.

Step into the charm of Government House and enjoy a guided tour of its magnificent grounds and lush gardens. Get hands-on in the kitchen with fresh produce from the kitchen garden and savour the delicious dishes you help prepare.

A perfect day of discovery, connection and great food in an unforgettable setting! Spaces are limited and bookings are essential.

Good mobility and a reasonable level of fitness are required as there are steps, small hills and uneven surfaces to navigate.

Please note: If you participated in 2024 or 2025, you won't be eligible to attend this year — we want to spread the love.



Meet at 8.15am at the front of the Frankston Civic Centre, 30 Davey Street, Frankston



Bus will return to Frankston at approximately 3.30pm



Free



trybooking.com/DNFDH or call Council on 1300 322 322

Tuesday 20 October continued

Frankston and District Netball Association (FDNA) Walking Netball

Join the FDNA Walking Netball community every Tuesday throughout the Festival for a social and low-impact way to stay active. Walking Netball has no running or jumping involved. Stay afterwards for a coffee and chat with new friends. All skill levels welcome! No need to book.



Jubilee Park Stadium
83R–85R Hillcrest Road, Frankston



9.30–10.30am



First visit is free; gold coin donation for additional sessions.



Wheelchair access and toilet facilities



The Letterbox Project

A warm and welcoming way to connect with others through the simple joy of handwritten letters. You're invited to write and receive anonymous letters, sharing stories, thoughts or kind messages in a safe and supportive space. No writing experience or bookings required.

This event runs every Tuesday during the Festival. A facilitator will be present at each session, with the exception of 13 October.



Frankston Library, 60 Playne Street, Frankston



10.30–11.30am



Free



Wheelchair access and toilet facilities



Tuesday 20 October continued

Kalenka Russian Singing Group

Kalenka is a welcoming Russian seniors club that meets twice a month for social connection and community engagement. Their singing group will perform a delightful selection of traditional and folk songs in Russian, English, French and other languages.

Join us for an enjoyable cultural experience celebrating music, friendship and heritage. Light refreshments will be provided. Bookings are essential.

-  Seaford Community Centre
6R Broughton Street, Seaford
-  1–3pm
-  Free
-  Luba, 0451 035 645
-  Wheelchair access and toilet facilities



Wednesday 21 October

Death Café — The Epilogue Workshop

Planning for death doesn't have to feel heavy. In this relaxed, heart led workshop, we walk through the practical, emotional and personal pieces that help you shape your "epilogue" with intention. Think of it as sorting the final chapter of your story. Bookings preferred.

-  Frankston South Community Centre
55 Towerhill Road, Frankston South
-  10.30am–12.30pm
-  Free
-  Maximum of 4 tickets per booking. Reception, 9293 7122
-  Wheelchair access and toilet facilities

Seniors High Tea at Lyrebird

Seniors High Tea with tea, tasty treats and good company. A friendly morning to chat, laugh and connect with others in the community. Bookings essential

-  Lyrebird Community Centre
203 Lyrebird Drive, Carrum Downs
-  11am–12.30pm
-  \$2
-  Maximum of 4 tickets per booking
Lyrebird Team, 97820133
-  Wheelchair access and toilet facilities

Wednesday 21 October continued

The Great Gatsby Dance Class Series — Class Three

Join us for a fun and welcoming dance class series inspired by the elegance, energy and sparkle of the Great Gatsby era.

Whether you're brand new to dancing or simply looking to brush up on your moves, these classes are designed for everyone. Led by the talented Susan, you'll learn classic dances and lively steps reminiscent of the 1920s in a relaxed, inclusive and social atmosphere.

The dance classes will be held each Wednesday for three consecutive weeks, culminating in a Great Gatsby Social Dance Night. Attend one, two, or all three classes in the lead-up to the big event.

Each class concludes with a cuppa and a chat, providing the perfect opportunity to connect with others and make new friends.

Please do not wear backless shoes.



Bruce Park Hall
1/19N Bondi Ave, Frankston



1.30–2.30pm



Free (Bookings essential)



Maximum of 2 tickets per booking
trybooking.com/DNABA or phone Council on
1300 322 322

Musical Performance by Alicia O'Brien

Join Alicia O'Brien for a lively and engaging performance. With her warm stage presence and natural connection to the audience, she promises a memorable experience. Followed by light refreshments. Bookings essential.



Greenways Retirement Village
330 Frankston–Dandenong Road, Seaford



2–3.30pm



Free



Maximum of 2 tickets per booking 9786 8679



Wheelchair access and toilet facilities



Thursday 22 October

PARC Active Movers in the Library

Join us at your local Frankston library for PARC Active Movers, a fun and low-impact fitness class designed especially for older adults and those with limited mobility.

Delivered by friendly PARC instructors, this seated class focuses on gentle movements to boost strength, flexibility and overall wellbeing — all at a pace that suits you.

 Frankston Library,
60 Playne Street,
Frankston

 9.30–10.15am

 Free

 library.frankston.vic.gov.au/Community-Connection/News-and-Updates/News/FrankstonSeniorsFestival-2026 or
Frankston Library,
9784 1020

 Wheelchair access
and toilet facilities



Frankston and District Netball Association (FDNA) Walking Netball

Join the FDNA Walking Netball community every Thursday throughout the Festival for a social and low-impact way to stay active. Walking Netball has no running or jumping involved. Stay afterwards for a coffee and chat with new friends. All skill levels welcome! No need to book.

 Jubilee Park Stadium
83R–85R Hillcrest Road, Frankston

 9.30–10.30am

 First visit is free; gold coin donation for additional sessions

 Wheelchair access and toilet facilities

Chatty Devonshire Tea

Come along and treat yourself to freshly baked scones, freshly ground coffee, and a selection of teas. Share a cuppa, make new connections, and enjoy a friendly, welcoming atmosphere with your neighbours. Bookings essential.

 Coffee on Kareela Community Café
53 Kareela Road, Frankston East

 10am–12pm

 Gold Coin

 Maximum of 5 tickets per booking. Danielle, 0492 863 635

 Wheelchair access and toilet facilities

Thursday 22 October continued

Friends at First Sight — Blokes Who Brunch

Blokes Who Brunch is a four-week cooking series designed for men who want to build confidence in the kitchen, learn simple nutritious meals, and connect with others in a relaxed social setting.

Across four weekly classes, participants will learn practical cooking skills and prepare easy, affordable meals that can be recreated at home without stress or complicated ingredients. Each session focuses on food preparation, shared meals, and building everyday confidence around food and healthy eating.

More than just cooking classes, Blokes Who Brunch creates space for conversation, connection, and community — bringing men together around the table in a welcoming and supportive environment.

Friends at First Sight events are all about making new social connections — that's why each participant is invited to book ONE ticket only. Limited spaces and bookings are essential.



Karingal PLACE Neighbourhood Centre
103 Ashleigh Avenue, Frankston



10.30am–12.30pm



Free



Reception, 8786 6650



Wheelchair access and toilet facilities

Explore your Family History

Curious about your family tree? The Mornington Peninsula Family History Society welcomes beginners and experienced researchers to our centre to explore a wide range of family history resources. Our experienced volunteers will be on hand to help you get started or assist if you're stuck. Tea and coffee available.



Frankston South Community Centre
55 Towerhill Road, Frankston South



11am–2pm



Free



Wheelchair access and toilet facilities

From Our Kitchen to Yours: Meals on Wheels Community Cooking Demo

Looking for inspiration and ideas for simple, delicious meals? Join Frankston City Council's Meals on Wheels Chef for a live cooking demonstration featuring one of our favourite dishes. You'll also discover the volunteer roles that help bring this program to life — and how you might get involved!



210 Beach Street, Frankston



11.30am–1.30pm



Free



Maximum number of 8 tickets per booking
Matt, 9768 1624 or
matthew.mcaughtrie@frankston.vic.gov.au



Wheelchair access and toilet facilities

Thursday 22 October continued

Come and Try Masters Athletics

Join us for a Masters Athletics 'Come and Try' session, there are a range of events that cater for people of all abilities. There are sprints, walks and distance running events. There are no winners or losers, everybody wins by having a go.

-  Ballam Park Athletics Track
Benanee Avenue, Frankston
-  7–8.30pm
-  Free
-  No booking required, just turn up.
-  Wheelchair access and toilet facilities

Friday 23 October

Denim N'Lace Line Dancing at Seaford Library

Discover the joy of line dancing — a fun, easy to follow way to stay active, enjoy great music, and connect with others. Enjoy a free, fun session with Nic featuring a demonstration and an all-abilities class. No bookings, partner or experience required.

-  Seaford Library
1/16 Broughton Street, Seaford
-  10.30–11.45am
-  Free
-  Wheelchair access and toilet facilities

Saturday 24 October

Open Day — Langwarrin Community Garden

Come and enjoy a relaxed day in the garden, filled with inspiration and connection. There'll be guided tours of the garden, a free BBQ, kid's activities and live orchestral music. Wander through the garden, enjoy friendly conversations, and soak up the atmosphere.

No gardening experience is needed, and all ages are welcome. Come connect with nature, meet like-minded people, and be part of our growing community.

-  Langwarrin Community Garden
5 Shute Drive, Langwarrin
-  10.30am–5pm
-  FREE
-  Wheelchair access and toilet facilities



Saturday 24 October continued

FrankTALK with William McInnes

Frankston City Libraries are thrilled to welcome back beloved Australian actor and author William McInnes for his wry and heartwarming observations about the ups, downs and unique quirks of Aussie life, language and summers with his trademark humour and heart. Don't miss this special Seniors Festival event filled with laughter, insight, and charm.

 Frankston Library, 60 Playne Street, Frankston

 2–3.30pm

 Free

 library.frankston.vic.gov.au/Community-Connection/News-and-Updates/News/Frankston-SeniorsFestival-2026 or Frankston Library, 9784 1020

 Wheelchair access and toilet facilities



Sunday 25 October

Joy of the Earth Community Garden Open Day

Our community garden is proud to host an Open Day that celebrates sustainability, community connection, and local engagement. This event provides an opportunity for residents to explore the garden and learn about environmentally responsible practices.

 Joy of the Earth Community Garden
15R Joy Street, Frankston

 10am–3pm

 Free

 Wheelchair access and toilet facilities



Sunday 25 October continued

Singing Group with Plant Music and Friends

Leave feeling relaxed, uplifted, and re-energised after a joyful session of light-hearted singing, gentle movement, and simple techniques designed to boost your natural feel-good brain chemicals. The experience concludes with a restorative sound bath, featuring the soothing sounds of plant music to help rebalance and reconnect mind, body, and spirit.

Please note there are two sessions on the day.

 Orwil Street
Community House Inc
(Large room at the back)
16 Orwil Street, Frankston

 1–2.30pm and 3–4.30pm

 Free

 Maximum number of
4 tickets per booking.
regina@plantmusic.com.au
or Regina, 0411 239 116

 Wheelchair access and
toilet facilities



Monday 26 October

Safe Driver

Join Frankston Libraries for an informative and engaging presentation designed to help older drivers stay safe, confident, and independent on the road. Discover practical tips for safe driving as we age, learn how medical conditions and medications can affect driving ability, and refresh your knowledge of current road rules.

 Frankston Library, 60 Playne Street, Frankston

 11am–12pm

 Free

 library.frankston.vic.gov.au/Whats-On or call
Frankston Library, 9784 1020

 Wheelchair access and toilet facilities



Monday 26 October continued

The National Centre for Healthy Aging — Try the new Seniors Exercise Park

Join Monash University for a guided Seniors Exercise Park session with supervised allied health students. Learn how to safely use the equipment to build strength, improve balance, boost confidence, and stay active in a fun, supportive environment.

 Healthy Futures Hub,
151 East Road, Seaford

 11am–12pm

 Free

 Maximum number
of 2 tickets
per booking
Kirsty, 9904 4415

 Wheelchair access
and toilet facilities



Tuesday 27 October

Can Swim at Peninsula Leisure (PARC)

Want to feel confident when in water or just new to swimming? Join our 4-week Can Swim program to build water safety, confidence, and basic survival skills. Book one or all sessions. For beginners only — focused on safety, not strokes.

 PARC, 16N Cranbourne Road, Frankston

 8–8.45am

 Free

 Maximum 1 ticket per booking.
can.swim@peninsulaleisure.com.au or Sarah at
PARC 9781 8444

 Wheelchair access and toilet facilities

Frankston and District Netball Association (FDNA) Walking Netball

Join the FDNA Walking Netball community every Tuesday throughout the Festival for a social and low-impact way to stay active. Walking Netball has no running or jumping involved. Stay afterwards for a coffee and chat with new friends. All skill levels welcome! No need to book.

 Jubilee Park Stadium, 83R–85R Hillcrest Road, Frankston

 9.30–10.30am

 Free

 First visit is free; gold coin donation for additional sessions

 Wheelchair access and toilet facilities

Tuesday 27 October continued

Indoor Craft and Food Market

Step into a vibrant indoor market with a wide range of stalls, featuring handmade crafts, skincare products, jewellery, candles, heat packs, sweet treats and more.

Enjoy a sausage sizzle and visit the coffee van — your first tea, coffee or hot chocolate is free.

Raffle prizes will be drawn throughout the day, and the venue is fully accessible for everyone. No bookings required.

 Long Island Retirement Village, 1-3 Overton Road, Seaford

 10am–2pm

 Free

 Wheelchair access and toilet facilities

The Letterbox Project

A warm and welcoming way to connect with others through the simple joy of handwritten letters. You're invited to write and receive anonymous letters, sharing stories, thoughts or kind messages in a safe and supportive space. No writing experience or bookings required.

This event runs every Tuesday during the Festival. A facilitator will be present at each session, with the exception of 13 October.

 Frankston Library, 60 Playne Street, Frankston

 10.30–11.30am

 Free

 Wheelchair access and toilet facilities

Wednesday 28 October

Introduction to Volunteering in Retirement

Would you like to learn more about volunteering in retirement?

This FREE information session covers an overview of volunteering in Australia. Topics covered include the health and wellbeing benefits of volunteering, active ageing, social connectedness and getting started. This workshop is being facilitated by Volunteering Victoria, for Volunteering Frankston.

If you park at the Frankston Arts Centre, a free two-hour parking voucher will be provided on the day.

 Community Room at Frankston Library
60 Playne Street, Frankston

 10.30am–11.30pm

 Free

 Maximum of 2 tickets
per booking
[volunteering.frankston
@frankston.vic.gov.au](https://volunteering.frankston.vic.gov.au)
or Melissa, 9768 1407

 Wheelchair access
and toilet facilities



Wednesday 28 October continued

Treasure and Tales

Every item has a story — would you like to share a story about an item you have? Whether it's a collectable with character, a souvenir, a photo... this facilitated event is for adults wanting to share stories in a friendly, supported, inclusive space.

-  Frankston Library, 60 Playne Street, Frankston
-  10.30–11.30am
-  Free
-  library.frankston.vic.gov.au/Community-Connection
News-and-Updates/News/Frankston-Seniors
Festival-2026 or Frankston Library, 9784 1020
-  Wheelchair access and toilet facilities

The Gathering Groove — Social Activities and Games

Join us at Langwarrin Community Centre for a wonderful afternoon of friendship, fun and entertainment. Enjoy a relaxed and welcoming atmosphere while playing Rummy-O, cards and a variety of other games, with plenty of laughs and good company along the way. A delicious afternoon tea will also be provided, making it the perfect opportunity to connect, unwind and enjoy time together.

-  Langwarrin Community Centre
2 Lang Road, Langwarrin
-  1–3.30pm
-  Gold coin
-  reception@langwarrincc.org.au or Reception, 9789 7653

Unlocking the World of eBooks and Audiobooks: A Guide to BorrowBox and Libby

Want to listen to audiobooks on the go? Discover how to access audiobooks and more on your device and get started with hands-on help with library e-resources. Bring in your device and library card.

-  Seaford Library, 1/16 Broughton Street, Seaford
-  2–3pm
-  Free
-  library.frankston.vic.gov.au/Community-Connection
News-and-Updates/News/Frankston-Seniors
Festival-2026 or Frankston Library, 9784 1020
-  Wheelchair access and toilet facilities



Wednesday 28 October continued

The Great Gatsby Social Dance Night

Step into the glamour of the Roaring Twenties at our Great Gatsby Social Dance Night! Celebrate the finale of our dance class series with an evening of music, dancing, and vintage charm. Whether you've attended the classes or simply love a great night out, don your finest Gatsby-inspired attire and join us for a sparkling evening of fun, friendship, and fabulous dancing.

Feel free to bring along your own nibbles and drinks to enjoy as you dance and socialise.

Please do not wear backless shoes.

 Bruce Park Hall, 1/19N Bondi Ave, Frankston

 6.30–8.30pm

 Free (Bookings are essential)

 Maximum of 2 tickets per booking
trybooking.com/DNABA or
phone Council on 1300 322 322



Thursday 29 October

Frankston and District Netball Association (FDNA) Walking Netball

Join the FDNA Walking Netball community every Thursday throughout the Festival for a social and low-impact way to stay active. Walking Netball has no running or jumping involved. Stay afterwards for a coffee and chat with new friends. All skill levels welcome! No need to book.

 Jubilee Park Stadium
83R–85R Hillcrest Road, Frankston

 9.30–10.30am

 Free

 First visit is free; gold coin donation for additional sessions

 Wheelchair access and toilet facilities

Musical Melodies with a Cuppa and Chat

Sit back, relax, and enjoy a morning of wonderful entertainment with talented musicians Jenny and Tony as they take you on a musical journey through the decades. A complimentary small coffee or tea will be provided.

 Coffee on Kareela Community Café
53 Kareela Road, Frankston East

 10am–12pm

 Gold coin

 Maximum of 4 tickets per booking. Danielle, 0492 863 635

 Wheelchair access and toilet facilities

Thursday 29 October contined

Friends at First Sight — Blokes Who Brunch

Blokes Who Brunch is a four-week cooking series designed for men who want to build confidence in the kitchen, learn simple nutritious meals, and connect with others in a relaxed social setting.

Across four weekly classes, participants will learn practical cooking skills and prepare easy, affordable meals that can be recreated at home without stress or complicated ingredients. Each session focuses on food preparation, shared meals, and building everyday confidence around food and healthy eating.

More than just cooking classes, Blokes Who Brunch creates space for conversation, connection, and community — bringing men together around the table in a welcoming and supportive environment.

Friends at First Sight events are all about making new social connections — that's why each participant is invited to book ONE ticket only. Limited spaces and bookings are essential.

 Karingal PLACE Neighbourhood Centre
103 Ashleigh Avenue, Frankston

 10.30am–12.30pm

 Free

 Reception, 8786 6650

 Wheelchair access and toilet facilities

Explore your Family History

Curious about your family tree? The Mornington Peninsula Family History Society welcomes beginners and experienced researchers to our centre to explore a wide range of family history resources. Our experienced volunteers will be on hand to help you get started or assist if you're stuck. Tea and coffee available. No booking required.

 Frankston South Community Centre
55 Towerhill Road, Frankston South

 11am–2pm

 Free

 Wheelchair access and toilet facilities

Come and Try Masters Athletics

Join us for a Masters Athletics 'Come and Try' session, there are a range of events that cater for people of all abilities. There are sprints, walks and distance running events. There are no winners or losers, everybody wins by having a go. No booking required.

 Ballam Park Athletics Track
Benanee Avenue, Frankston

 7–8.30pm

 Free

 Wheelchair access and toilet facilities

Saturday 31 October

Bee Gees Revival

Bee Gees Revival features 'Barry', 'Robin' and 'Maurice', performing the Bee Gees' famous and much-loved hits from when it all started in the 60's through to their last studio album in 2001. From Spicks and Specks to This Is Where I Came In and everything in between, including Stayin' Alive, Massachusetts, You Should Be Dancing, You Win Again, I Started a Joke, Tragedy, Night Fever, How Deep Is Your Love and so many more.

'Bee Gees Revival' re-creates the sound and performance of one of the world's most famous and successful bands, 'The Bee Gees' formed by the Gibb brothers.

Backed by a group of experienced talented musicians from various musical backgrounds, 'Bee Gees Revival' will take you on an amazing journey through the breath-taking music of the Gibb brothers. Along the way you'll hear how some of your most loved Bee Gees hits were created and get a peek into their musical lives and career.

This is a performance you won't want to miss.

Presented by Mornington Peninsula Shire and Frankston City Council.

 George Jenkins Theatre — Monash University Peninsula Campus

 Doors will open at 3.15pm and refreshments will be available for purchase at the café.

Event will begin at 4pm and conclude at approximately 6.15pm

Warning: mild strobe light effects and synthetic haze may be used during this performance

 Free but bookings are essential

 monash.edu/performing-arts-centres/whats-on/
Or call Monash box Office Enquiries on 9905 1111

As this is a popular event, please contact the Monash Box Office to cancel your tickets if you can no longer attend.





Positive Ageing at Frankston City Council

The Positive Ageing Team at Frankston City Council supports the community throughout the year, not just during Seniors Festival. Other initiatives from the team include:

- Positive Ageing Together Newsletter
- Promoting seniors rights and elder abuse awareness
- Age Friendly Frankston Ambassadors
- Supporting local seniors clubs and groups
- Promoting volunteering opportunities
- Wingham Park Senior Activity Space Sessions

For more information visit the Positive Ageing page on the Frankston City Council website.

Information correct at the time of printing (August 2026)



Frankston City Council
PO Box 490
Frankston VIC 3199
Phone: 1300 322 322
info@frankston.vic.gov.au
frankston.vic.gov.au

