

Frankston North Community Centre

26 Mahogany Ave, Frankston North
8773 9545



updated
November
2023

Program

*We engage, empower and
strengthen our community*



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About Us

Frankston North Community Centre (FNCC) is a fun, vibrant and responsive Council-run facility that encourages people to improve their health and wellbeing through social connection, skill development and advocacy.

We aim to work with you - our local community and service partners - to develop and deliver inclusive activities that address identified needs. We aim to do this by building upon, and strengthening, people's interests, skills and talents.

We also provide a range of hireable spaces, access to Council's Library Service and are a source of information about what's going on in the local area.

You can keep in touch with us in a range of ways:

- Drop in or call to talk to our friendly staff and volunteers
- Register to receive our newsletter by sending us an email
- Keep an eye on our facebook and/or instagram pages

 **FrankstonNorthCommunityCentre**

 **@FrankstonNorthCommunityCentre**

Email: fncc@frankston.vic.gov.au

Phone: 8773 9545

Web: frankston.vic.gov.au/Community-and-Health/Community-Centres/Frankston-North-Community-Centre



To join our mailing list:
Scan QR Code
OR
Email *NEWSLETTER* to
fncc@frankston.vic.gov.au

To access FNCC's latest programs,
newsletters and room hire forms
Scan QR Code



Volunteer

Volunteering is a vital part of FNCC and helps to make the centre a fun, busy and connected place. Volunteers bring their skills, develop new ones, build confidence and make connections whilst giving back to their community.



Discover exciting volunteering opportunities across a range of council programs, available via the Impact Volunteering website.



Community Café

Our Community Café is a hub for connecting neighbours and fostering a sense of belonging. Our staff, students and team of dedicated volunteers carefully craft, prepare and serve hearty food and delicious coffee, using fresh produce from our community garden wherever possible. The shared joy of coming together over a meal nurtures not only the body but also the soul. We invite you to join us!

Café Opening Hours:

Monday: Morning Tea - 10:30am - 11:30am (Coffee from 9:30am)

Tuesday: Chatty Café - 10:30am - 12:00pm

Wednesday: Lunch - 12:00pm - 1:00pm (Coffee from 9:30am)

(Please note: Final Wednesday Café service for 2023 will be on 1st November)

Thursday: Coffee, Tea, Hot Choc and Chai - 9.30am - 12:00pm



Chatty Café

Is a movement aimed at reducing social isolation and loneliness.

Learn Local Courses

Did you know we are a **Learn Local** provider?

Our Learn Local programs, funded by the State Government of Victoria through the *Adult Community and Further Education* (ACFE) program, are designed to get job-seekers job-ready by upskilling and building real-life experience and confidence.



Courses delivered from F.N.C.C in 2024:

- Computer Skills
 - Microsoft Office
 - In the Cloud
 - Business Basics
- Garden and Grow
- Cook and Create
- Navigating Work Skills
- Intro to Home Support

More
information
coming
soon!



Programs are fully funded (eligibility criteria applies). For further information or to register your interest, please contact us on 8773 9545.

Programs - Children and Youth



Storytime (Frankston City Libraries)

THURSDAY 9:30AM - 10:00AM FREE

Contact: 03 9784 1020 (Frankston Libraries)

Storytime is the perfect way to explore literacy and develop a love of reading together.



Playgroup (FNCC)

THURSDAY 10:00AM - 11:30AM \$3

Contact: 03 8773 9545 (FNCC)

Following Storytime, stay for a play, meet other parents and join in the fun with activities including craft, imaginative play and toys for babies and toddlers. Designed for children aged 0-5.



Reading Tails (Frankston City Libraries)

TUESDAY 3:45PM - 4:45PM FREE

Contact: 03 9784 1020 (Frankston Libraries)

Reading Tails uses the fun of Dog Assisted Education to support readers by creating a comfortable space and making reading a social experience.



Intergen Project (TLC Aged Care & Mahogany Rise)

THURSDAY (FORTNIGHTLY) 1:30PM - 3:00PM BY ENROLMENT

CONTACT: 8773 9545 (FNCC)

Fortnightly program for play and fun between Forest Lodge Aged Care residents and children from Mahogany Rise Child & Family Centre.



HiPPY! (B.S.L)

TUESDAY-THURSDAY 9:30AM - 12:30PM BY ENROLMENT

Contact: 0491 696 327

A program for parents of 3-5 year old's that helps to build skills and confidence in their role as their child's first teacher.



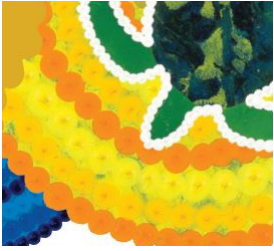
Australian Breastfeeding Association

WEDNESDAY (FORTNIGHTLY) 10:00AM - 12:00PM BY ENROLMENT

CONTACT: 1800 686 268

Meeting to support families to meet their breastfeeding goals, make local connections and support their parenting journey.

Programs - Children and Youth (continued)



Supported Playgroup - FCC

FRIDAY 9.30 AM - 12 PM FREE BY ENROLMENT FOR ELIGIBLE FAMILIES
Contact: 9293 7156 (Council's Playgroup Development Officer)

Supported Playgroups are a safe and friendly place for you and your child to have fun while receiving parenting tips and support. Sessions are run by qualified professionals from Council's Early Years team.



Youth Hangout (Frankston Youth Service)

TUESDAY 3:15PM - 4:45PM FREE

Contact: Wendy, Senior Youth Worker, p: 0400 838 123

Drop in for table tennis, gaming, craft, food, movies, sport or just chill and chat with youth workers.

Programs - Social and Art



Apostolic Faith Church

SUNDAY 9:00AM - 1:00PM

Contact: Frank 0438 024 385

Conservative in nature, following a tradition of Wesleyan holiness practiced by those whom the Holy Spirit descended on at Azusa, upholding the fundamental teachings of New Testament faith.



Australian Chollo Community in Victoria

SUNDAY 2:00PM - 9:00PM (CULTURAL GROUP)

SUNDAY 6:00PM - 7:00PM (CULTURAL HOMEWORK CLUB)

Contact: Bany 0419 794 987

Australian Chollo Community-run prayer group and homework club.



ARTS ACCESS VICT

Get Out! (Art's Access Victoria)

SATURDAY (FORTNIGHTLY) 10:00AM - 4:00PM BY ENROLMENT

CONTACT: 03 8640 6030

Inclusive art studio for Deaf and Disabled artists to develop existing and new skills, supported by trained artists and support workers.



Frankston North Community Centre


26 Mahogany Ave
Frankston North
03 8773 9545

Timetable

Stay in the loop with our socials!



Monday

9:30am-10:30am	Agestrong
9:30am - 10:30am	Exercise to Music
9:30am-11:30am	Café Service Morning Tea 
9:30am - 1:30pm	Seniors Cards & Games
10:45am - 11:15am	Agestrong
1:00pm - 3:30pm	Digital Essentials
7:00pm - 8:00pm	NA (Steps and Principles)
7:30pm - 9:00pm	AA (Pines Big Book)

Tuesday

9:00am-5:00pm	At Work Australia
9:30am - 12:30pm	B.S.L HiPPY Parent Program
9:30am - 10:30am	Tai Chi
9:30am-10:15am	Morning Kickstart Exercise
10:30am - 11:15am	Stretch and Balance Exercise
10:30am-12:00pm	Chatty Café (Hot Beverages) 
3:15pm-4:45pm	Youth Hangout
3:45pm-4:45pm	Reading Tails
7:00pm-8:15pm	NA (Open Share)

Wednesday

9:00am-2:30pm	Legal Aid (f/n) Appointments
9:30am - 12:00pm	Mahogany Indoor Bowls
9:30am-10:30am	Agestrong
9:30am-1:00pm	Café Service*  Coffee: 9:30-1pm Lunch: 12-1pm
9:30am - 12:30pm	B.S.L HiPPY Parent Program
9:30am-12:30pm	Creative Craft
10:00am-12:00pm	Australian Breastfeeding Association (f/n)
10:45am - 11:15am	Agestrong
12:30pm-2:00pm	NA (Pines Lunchie)
7:30pm-10:30pm	Friendly Card Group

Thursday

9:00am-11:00am	Wellness Group
9:00am-5:00pm	At Work Australia
9:30am - 10:00am	Storytime
9:30am - 12:30pm	B.S.L HiPPY Parent Program
9:30am-12:00pm	Café Service (Hot Beverages) 
10:00am-11:30am	Playgroup
1:30pm-3:00pm	Intergen Project
5:45pm-6:45pm	Zumba
8:00pm-9:30pm	AA (Pines)

Friday

9:30am-10:30am	Stretching with Bands
9:30am-12:00pm	Supported Playgroup
8:00pm-9:30pm	NA (New Nook)

Saturday

10:00am-4:00pm	Get Out! Arts Access Studio
10:30am-1:30pm	NA (S.E.R)
6:00pm-7:30pm	AA (Women's Big Book)

Sunday

9.30am-1.00pm	Apostolic Faith Church Service
2.00pm-9.00pm	Chollo Cultural Group
6.00pm-7.00pm	Chollo Cultural Homework Club

***Wednesday Café Service will be back in 2024**

Please refer to our program guide for further information

Programs - Social and Art



Mahogany Indoor Bowls (FNCC)

WEDNESDAY 9:30AM - 12:00PM \$3

CONTACT: 03 8773 9545 (FNCC)

Social gathering where indoor carpet bowls are played in mixed teams.



Wellness Group (FNCC)

THURSDAY 9:00AM - 11:00AM \$3

CONTACT: 03 8773 9545 (FNCC)

Social support group that promotes good nutrition and healthy lifestyles.



Creative Craft Group (FNCC)

WEDNESDAY 9:30AM - 12:30PM \$3

Contact: 03 8773 9545 (FNCC)

From jewellery making to tapestry and everything in between; This is a social, self-driven BYO craft group.

**Craft must be easily transportable.*



Seniors Games (FNCC)

MONDAY 9.30AM - 1:30PM \$3

CONTACT: 03 8773 9545 (FNCC)

Intermediate games group for seniors that interact over cards, Bingo, Scrabble and rummikub.



Friendly Card Group

WEDNESDAY 7:30PM - 10:30PM

CONTACT: 0438 540 108

Card group that gather together play the game 500 and enjoy social activity.



Digital Essentials (Belvedere Community Centre)

MONDAY 1:00PM - 3:30PM

CONTACT: 9776 8922

Learn to use different applications on your computer in a small group setting. Bring your own laptop or use our computers.

Programs - Health and Recreation



Tai Chi (U3A)

TUESDAY 9:30AM - 10:30AM BY ENROLMENT
CONTACT: 9770 1042

Tai Chi is something people of any age can learn. The movements are slow & gentle, and you can work at your own level. Many older people can do Tai Chi, even those with arthritis.

*U3A
Membership
Required



Exercise to Music (U3A)

MONDAY 9:30AM - 10:30AM BY ENROLMENT
CONTACT: 9770 1042

Movement to music including using balls, hoops and scarves. We also do cardio-weights and Tai Chi and floor Pilates.

*U3A
Membership
Required



Stretching With Balls & Bands (U3A)

FRIDAY 9:30AM - 10:30AM BY ENROLMENT
CONTACT: 9770 1042

Gentle warm-up doing Yoga & Pilates incorporating the use of balls and bands. Most of the class is based on the floor doing stretching using soft chi balls & stretching bands.

*U3A
Membership
Required



Zumba

THURSDAY 5:45PM - 6:45PM
CONTACT: 0409 571 531

ZUMBA is a total dance workout, combining all elements of fitness.

Morning Kickstart (FNCC)

TUESDAY 9:30AM - 10:15AM \$7
Contact: 8773 9545 (FNCC)

Kickstart your morning with this exercise class designed to get you going for the day.



Stretch and Balance (FNCC)

TUESDAY 10:30AM - 11:15AM \$7
Contact: 8773 9545 (FNCC)

Slowly ease into your morning with this gentle stretch and balance class to increase movement.



Age Strong (Peninsula Health)

MONDAY & WEDNESDAY BY ENROLMENT
9:30AM-10:30AM & 10:45AM-11:45AM
CONTACT: 1300 665 781

*Classes increase strength, flexibility and balance for mature age people. *Peninsula Health Referral Essential*



Peninsula
Health

Services at FNCC

- Legal



Legal Aid (PCLC)

WEDNESDAY (FORTNIGHTLY) 9:00AM-2:30PM BY APPOINTMENT
CONTACT: 9783 3600

PCLC is an independent, not-for-profit organisation that has been providing free legal services since 1977. They provide high quality services that are accessible and responsive to the needs of our community.

- Justice of the Peace



Justice of the Peace (FNCC)

AVAILABLE BY APPOINTMENT
CONTACT: 0417 513 639 (NORMA)

A JP is trained to act as independent and objective witness to documents used for official or legal purposes and can assist you by:

- *attesting the execution of a document*
- *witnessing a statutory declaration*
- *witnessing an affidavit for use in court*
- *certifying true copies of an original document*
- *certifying a person's identity.*

- Support Groups



Alcoholics Anonymous

MONDAY: 7:30PM - 9:00PM (Pines Big Book)
THURSDAY: 8:00PM - 9:30PM (Pines Thursday)
SATURDAY: 6:00PM - 7:30PM (Pines Women's Big Book)
Contact: 1300 222 222 Website: aa.org.au

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.



Narcotics Anonymous

MONDAY: 7:00PM - 8:00PM (Steps and Principles)
TUESDAY: 7:00PM - 8:15PM (Open Share)
WEDNESDAY: 12:30PM - 2:00PM (Pines Lunchie)
FRIDAY: 8:00PM - 9:30PM (New Nook Meeting)
SATURDAY (Monthly): 10:30AM - 1:30PM (South East Recovery)
Contact: 1300 652 820 Website: na.org.au

Similar to Alcoholics Anonymous, this is a simple, spiritual, not religious, program for recovering addicts to support each other to stay clean.

Other Information

Outdoor play space upgrade

AFTER



Look at our playground!



BEFORE

Thanks to funding from Frankston City Council and the State Government's Living Local Suburban Grants program - we now have a fabulous place for adventurous but safe play.

Our Playgroup experts have already given the decking, trike track, sand pit, landscaping and accessible swing their seal of approval. We extend our heartfelt thanks to everyone involved in making this refurbishment happen, and we invite you to come and see for yourself!

- Frankston City Libraries

FNCC is a Frankston City Libraries outreach point that allows community members to borrow and return books, access free computers and WiFi.

Printing services are unavailable from FNCC, please contact Frankston City or Carrum Downs Libraries for printing requirements.

60 Playne Street | Frankston VIC 3199 | 03 9784 1020
libraryenquiries@frankston.vic.gov.au



Frankston
City Libraries



Frankston-City Community Centres

We believe our community centres and neighbourhood houses are some of the best and recognise the important role they play in bringing residents together. There are nine community centres and neighbourhood houses across Frankston City, each offering their own unique opportunities and services.



Belvedere Community Centre

151 East Rd, Seaford (Healthy Futures Hub)

p: 9776 8922

w: belvedere.org.au



Lyrebird Community Centre

203 Lyrebird Drive, Carrum Downs

p: 9782 0133

w: lyrebird.org.au



Langwarrin Community Centre

2 Lang Road, Langwarrin

p: 9789 7653

w: langwarrincc.org.au



Orwil Street Community House

16 Orwil Street, Frankston

p: 9783 5073

w: orwilst.org.au



Nairn Marr Djambana Gathering Place

32 Nursery Avenue, Frankston

p: 9783 1521

w: djambana.org.au



Scan QR Code to view
Frankston City Community Centres.

Frankston-City Community Centres



Ebdale Community Hub & Learning Centre

20 Ebdale Street, Frankston

p: 9293 7102

w: frankston.vic.gov.au



Frankston South Community and Recreation Centre

55 Towerhill Road, Frankston South

p: 9293 7122

w: frankston.vic.gov.au



Karingal Place

103 Ashleigh Avenue, Frankston

p: 8786 6650

w: frankston.vic.gov.au

Local Support Agencies



Community Support Frankston services include emergency food, grocery vouchers, help with utility bills, referrals and advocacy for people who live, or work in the City of Frankston.



Monday to Wednesday & Friday: 9:30am-3:30pm, Thursday: 12pm-3:30pm

35 Beach St, Frankston p: 9783 7284 w: frankston.net



Local 2 Community is a local charity in Frankston North with a vision to empower each other to move forward. They do this with a generous Foodbank, extra support and great connections.

Tuesday to Friday: 9:30am - 2:30pm

52 Mahogany Avenue, Frankston North p: 0416 300 841

Frankston North Community Centre

Get in
Touch

 26 Mahogany Ave, Frankston North, 3200

Phone: 03 8773 9545

Email: fncc@frankston.vic.gov.au

Web: frankston.vic.gov.au/fncc

 FrankstonNorthCommunityCentre

 @FrankstonNorthCommunityCentre

Staffed Hours: Monday-Friday 9:00am-5:00pm

After Hours: As per hire arrangements

