



Maternal and Child Health Centres

Baden Powell	Corner Humphries Road and Baden Powell Drive, Frankston
Banyan Fields	90A Cadles Road, Carrum Downs
Belvedere	1 Moomba Avenue, Seaford
Botany Park	53 Lyrebird Drive, Carrum Downs
Karingal Place	103 Ashleigh Avenue, Frankston
Joy Street	15 Joy Street, Frankston
Lakewood	107-109 Raphael Crescent, Frankston
Langwarrin	6 Allen Crescent, Langwarrin
Langwarrin Park	29 Northgateway, Langwarrin
Montague Park	Bentley Place, Frankston
Mahogany Rise	25 Jenkins Street, Frankston North
Rowellyn	37 Rowellyn Avenue, Carrum Downs
Seaford	41 Railway Parade, Seaford
Young Street	Terry White Chemmart 89-97 Young Street, Frankston



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Additional programs

Enhanced Maternal and Child Health Outreach Service

This service is available to families experiencing multiple issues or difficulties who may require short term additional support.

Parent education program

The Parent education program lists different free sessions for all parents. Learn about sleep settling, post natal depression support, play groups, positive parenting, child behavioural management, early parenting workshops and more.

More information is available on Council's website and at our Maternal and Child Health Centres.

Frankston City Council

Phone 1300 322 322
frankston.vic.gov.au

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Maternal and Child Health



General information

opportunity » growth » lifestyle



Free for all families with children aged 0-6 years in Frankston City

About us

Frankston City Council's Maternal and Child Health Service provides a universal service delivered by nurses who are qualified general nurses, midwives and have a Post-Graduate Diploma in Maternal and Child Health and early parenting workers.

The Maternal and Child Health Service aims to help parents develop their parenting skills and ensure the growth and development of their children.

This service is provided in local community settings and, where possible, located with other children and family services.

In Frankston City, the central booking officer will contact you after the birth of your baby to arrange a home visit. You will then be invited to attend a centre near your home, or you may choose to attend another centre.



What we provide

Health education

- Advice and guidance on parenting
- Information regarding child growth, behaviour and development
- Lactation consultancy, advice on infant and family nutrition
- Advice on home safety and accident prevention
- Information on topics including dental health and sleep settling
- Counselling in relation to child behaviour
- Monitoring the development of the child

Health advice

- Children's health
- Vision screening test
- Immunisation
- Women's health issues

Family support

- New parent groups at centres
- Information about local community resources
- Cooperation with other support agencies
- Recognition and support where children are at risk
- Referral to appropriate professionals

Immunisation

Immunisation sessions are available at Maternal and Child Health Centres, Community Centres as well as one evening session per month.

Check with your nurse for the various session times and venues.

What to bring

- A change of clothes for the child
- A comfort rug
- Plastic bag for dirty nappy
- Child Health Record book

Please note: Council has a policy of not allowing disposable nappies to be disposed of at the centre.

Maternal and Child Health key ages and stages developmental assessments

- Newborn home visiting
- 2, 4, 8 week check ups
- 4, 8, 12 and 18 month check ups
- 2 and 3½ years

Bookings and enquiries

For all enquiries please call Maternal and Child Health Booking on 9784 1756 to:

- Make an appointment for consultation at your Maternal and Child Health Centre
- Speak to a local Maternal and Child Health Nurse

A 24-hour state-wide Maternal and Child Health telephone advisory service can be reached on 132 229