

Disability Services and Information



A resource guide for residents and visitors of

Frankston City and
Mornington Peninsula Shire



Disability Services and Information Resource Guide

Listing Inclusion /Update Form

Please send your new or updated information to:

MetroAccess Project Officer Mornington Peninsula Shire, Private Bag 1000, Rosebud 3939

OR MetroAccess Project Officer Frankston City Council PO Box 490 Frankston 3199

Section *(e.g. Support Services)*.....

Name of group or agency:.....

Activities or services of group or agency: *(Brief description – limit 30 words)*

.....
.....
.....
.....

Services /program address:

.....
.....
.....

Telephone numbers: *(Please specify, e.g. Head Office, TTY, Facsimile, etc.)*

.....

Email:

Website:

Contact name/details for future update process: *(e.g. generic enquiry email/postal address & role of authorising person – not for publication)*

.....

Privacy Act Consent *(Please read and sign below. Without written consent on the entry, new information cannot be included in the Disability Services and Information Resource Guide or included on Council websites)*

I understand that by completing this form, I may be providing the Mornington Peninsula Shire and Frankston City Council with personal information. I acknowledge that any such personal information may be used for the purpose of listing details, services and contact details of services for people with disabilities in the Disability Services and Information Resource Guide and on the MPSC and FCC websites. I understand that this information will not be distributed or used for any other purpose.

Signature: **Date:**

Please print your name:.....

Accessible Services and Facilities

Mornington Peninsula Shire

Contact Details: Telephone: 1300 850 600 / 03 5950 1000

Office hours: 8.30am – 5.00pm Monday to Friday.

Telephone enquiries: 8.00am – 6.00pm Monday to Friday.

Email: custserv@mornpen.vic.gov.au **Website:** www.mornpen.vic.gov.au

Postal: Private Bag 1000, Rosebud Vic. 3939

Rosebud Main Office and Council Chambers

90 Besgrove Street, Rosebud*

Mornington Customer Service, Council Chambers and Library

2 Queen Street, Mornington*

Hastings Customer Service

21 Marine Parade, Hastings*

Somerville Office, within Recreation and Community Centre

14 Edward Street, Somerville

*Wheelchair access and Disability Toilets.

Frankston City Council

Contact Details: Telephone 1300 322 322 / 03 9784 1888

Office hours: 8.20am – 5.00pm: Monday to Friday

Email: correspondence@frankston.vic.gov.au

Website: www.frankston.vic.gov.au

Postal: PO Box 490 Frankston 3199

Frankston Civic Centre

30 Davey Street, Frankston (main reception upstairs off Davey Street)

Langwarrin Customer Service Centre

Shop 6, Gateway Shopping Centre, Cranbourne Road, Langwarrin.
Phone (03) 8786 6512.

Seaford Customer Service Centre

120 Nepean Highway, Seaford.
Phone (03) 8773 9601

Carrum Downs Library and Customer Service Centre

203 Lyrebird Drive, Carrum Downs.
Phone (03) 8773 9539

Accessible Services and Facilities

Council Services include, but are not limited to:

Adult Day Activity Support Services	Home Maintenance
Community Bus Service	Immunisation
Community Bus Hire	Maternal and Child Health Care
Community Information Directory	Recreation Programs
Delivered Meals	Respite Care
Festivals and Special Events	Senior Citizens Centres
General Home Care and Personal Care	Youth Services

MetroAccess

The MetroAccess Program promotes and facilitates disability access and inclusion throughout the community. MetroAccess workers are positioned in the 31 Metropolitan Local Government Areas across Victoria, supported by DHS Area divisions, under the Community Participation units. The aim of MetroAccess is to build the capacity of local communities so that they are more welcoming and inclusive of people with disabilities.

Contact:

Mornington Peninsula Shire MetroAccess on 5950 1630
Frankston City Council MetroAccess Officer on 9784 1955

Community Access Planner

The Mornington Peninsula Shire's Community Access Planner addresses access issues at all levels to promote community wellbeing, diversity and social inclusion. The Community Access Planner utilises a community development framework to work with MPS Councillors, Executive, staff and community to identify and respond to barriers that prevent equitable access to services, facilities and community life.

Contact:

Mornington Peninsula Shire Community Access Planner on 5950 1689

Accessible Services and Facilities

Mornington Peninsula Shire All Abilities Consultative Committee (AACC)

An Advisory Committee expressly for the purposes of consulting and collaborating with the Mornington Peninsula Shire on issues relating to access and inclusion of people with disabilities, their families and carers, residing in or visiting the Mornington Peninsula.

For more information call 5950 1685

Frankston Disability Access and Inclusion Committee (DAIC)

The Disability Access and Inclusion Committee is an advisory committee to Frankston City Council.

The functions of the Committee are:

- Assist in shaping inclusive communities in the Frankston area
- To provide advocacy and advice on issues, projects and plans to enhance the access, participation and inclusion of people with a disability in Frankston City; and
- To support Frankston City Council in achieving the goals outlined in the City's Municipal Public Health and Wellbeing Plan relating to access and inclusion.

For information call 9784 1721 or 9784 1955

Accessible Parking

Disabled Parking Permits

Mornington Peninsula Shire

Telephone: 1300 850 600

Email: www.mornpen.vic.gov.au

Frankston City Council

Telephone: 1300 322 322

Email: correspondence@frankston.vic.gov.au

Accessible Services and Facilities

Mornington Peninsula Accessible Toilets

To view a map of the public toilets on the Mornington Peninsula, including disabled toilets and parking go to this website:

www.toiletmap.gov.au

Frankston Accessible Toilet and Change Facilities

The Keys Street public toilet facility

5 Keys Street, Frankston (Melways Ref: 102 2C)

- Universal male and female toilets
- Children's toilet
- Baby feeding and change rooms
- Two fully accessible toilets featuring hoists and adult change facilities
- Users need to provide own sling for the hoist facility.

Hours: Monday – Wednesday 9am – 5pm, Thursday & Friday 9am – 9pm

One accessible toilet is available to people with an MLAK Key 24 hours, seven days a week. MLAK keys can be borrowed, upon presentation of photo ID, from the Frankston Visitor Information Centre. If equipment is damaged or unclean please contact Frankston City Council on 1300 322 322 or

http://www.frankston.vic.gov.au/Your_Council/Contact_Us/Report_a_Maintenance_Issue

George Pentland Botanic Gardens

Williams St (between Foot St and Yuille St) Frankston, Melways Ref: 102 E5

Hours: November to March 7:00am-9:00pm April-October 7:00am-6:00pm

MLAK Accessibility Key

An MLAK key can be obtained from Master Locksmiths on the presentation of written authority from a doctor, disability support organisation or community health centre. Holders of parking permits may also obtain letters of authority from Council. To find a Master Locksmiths Association of Australia locksmith contact: 1800 810 698

Accessible Services and Facilities

Accessible recreation

Liberty Swings enable children in wheelchairs to experience the joy of having a swing in a recreational area.

Liberty Swings are located at:

Hastings Foreshore Reserve, Marine Parade, Hastings

Keys from Pelican Park Recreation Centre, Hastings. Contact 1300 850 197

Mornington Peninsula Shire Playgrounds

The Shire has over 160 playgrounds around the peninsula with a variety of play experiences and equipment to suit all ages and abilities. More information can be found here:

http://www.mornpen.vic.gov.au/Leisure_Tourism/Facilities_Directory/Playgrounds

Frankston Waterfront Regional Playground, Pier Promenade, Frankston

Keys available from the Frankston Visitor Information Centre

More information can be found here:

<http://www.visitfrankston.com/pages/special-needs-accessibility/>

Beach Accessible Wheelchairs

The accessible wheelchair is available from free hire at the Frankston Visitor Information Centre, 7 days from 9am-5pm. Photo identification is required and a loan agreement form must be completed. This specially designed chair enables you to go the beach and into shallow water. A second person must accompany the user. This can be pre-booked by phoning 1300 322 842.

Address: 7N Pier Promenade, Frankston Waterfront. Melway Ref 100A A9.

More information can be found here:

<http://www.visitfrankston.com/pages/special-needs-accessibility/>

And here:

http://www.mornpen.vic.gov.au/Services_For_You/People_with_Disabilities/Disability_Recreation

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1. Advocacy

Association for Children with a Disability

Telephone: 9818 2000
Rural callers: 1800 654 013
Fax: 9818 2300
Email: mailto:mail@acd.org.au
Website : www.acd.org.au

Information, support and advocacy for families with a child (0-18) with any type of disability or developmental delay across Victoria.

Blind Citizens Australia

Telephone: 9654 1400
Free Call: 1800 033 660
Fax: 9650 3200
Email: bca@bca.org.au
Website: www.bca.org.au

Services for the blind and vision impaired include provision of information, peer support through local branches and individual and systemic advocacy in dealing with government and the community.

Communication Rights Australia

Unit 4/3 Tuck St, Moorabbin 3189

Telephone: 9555 8552 or 9555 8948
Fax: 9555 8550
Email: info@caus.com.au
Website: www.caus.com.au

State-wide human rights advocacy and information agency for people with little or no speech and their families. CRA also provides training in using human rights as a tool to access your rights.

Community Lifestyle Accommodation Ltd

Telephone: 5983 8785 / 0423 356 878
Email: marie.hell@bigpond.com
Website:
www.communitylifestyleaccommodation.org.au

Creating awareness in the community and to governments the need to improve the support needs to caring families especially to ageing carers. Provide peer support, information, friendship, and advocacy links to carers.

1. Advocacy (cont'd)

Council on the Ageing Victoria and Seniors Information Victoria

4th Floor, Block Arcade
98 Elizabeth St, Melbourne 1001

COTA Telephone: 9654 4443
SIV Telephone: 1300 13 50 90
Fax: 9654 4456
COTA Email: cotavic@cotavic.org.au
SIV Email: askcota@cotavic.org.au
Website: www.cotavic.org.au

COTA Supports the needs and interests of older people in the Victorian community. Their mission is to mobilise older people and those who work with them, to age well in a just society.

Seniors Information Victoria provides practical information on a wide range of issues.

Council to Homeless Persons

Telephone: 1800 825 955
Website: chp.org.au

Provide appropriate advice and support to consumers who may be experiencing homelessness or are at risk of homelessness.

DARU – Disability Advocacy Resource Unit

Telephone: 9639 5807
TTY: Call 133 677 and quote 03 9639 5807
Email: admin@daru.org.au
Website: www.daru.org.au

Provides online information and resources for disability advocacy organisations and people with a disability.

Disability Resources Centre 186 Foster St East, Dandenong 3175

Telephone: 9791 4870
Fax: 9792 1111
Email: advocacy@drc.org.au
Website: www.drc.org.au

Individual advocacy for adults with disabilities. Membership is free and people with disabilities are encouraged to join. Open Monday – Wednesday, 9.30am – 4.30pm

1. Advocacy (cont'd)

Homelessness Advocacy Service

Telephone: 1800 066 256
Website: Melbourne.homeless.org

Homelessness Advocacy Service provides information, advice and advocacy service for people who have problems with government funded specialist homelessness services and social housing in Victoria. The HAS defends consumer rights regarding homelessness, housing support and rooming house services.

Leadership Plus Inc.

25 Flinders Lane Melbourne 3000

Telephone: 9489 2999
Country Callers: 1300 727 017
Email: admin@leadershipplus.com
Website: www.leadershipplus.com

Leadership Plus provides individual advocacy to people with disabilities across metropolitan Melbourne. Action for Community Living is involved in systemic advocacy on a state-wide basis, focusing on influencing and changing the systems of support and access.

Office of the Public Advocate

Level 1, 204 Lygon Street
Carlton VIC 3053

Telephone: 1300 309 337
TTY: 1300 305 612
Fax: 1300 787 510
Email: complaints@justice.vic.gov.au
Website:
www.publicadvocate.vic.gov.au

OPA is an independent statutory body established by the Victorian State Government. OPA works to protect and promote the interests, rights and dignity of people with a disability.

Polio Network Victoria

208 Wellington St, Collingwood 3066

Telephone: 1300 704 456
Email:
polio@independenceaustralia.com
Website:
independenceaustralia.com/polio

A free service that helps with relevant and accessible information, referral and support services to people who have had Polio, their families, carers and advocates.

1. Advocacy (cont'd)

Reinforce Self Advocacy

Level 2, Ross House,
247 Flinders Lane, Melbourne 3000

Telephone: 9650 7855

Fax: 9639 4342

Email: reinforce@rosshouse.org.au

Website: www.reinforce.org.au

Reinforce Self Advocacy organization for people with an intellectual disability. Reinforce promotes the rights of people with an intellectual disability to be upheld in the same way as everyone else in the community.

Southern Disability Advocacy Service

Mornington Community Information and Support Centre 320 Main St,
Mornington 3931

Telephone: 5973 6320

Email: info@southernda.org.au

Website: southernda.org.au/

Advocates for the rights and interests of individuals with a disability. Where appropriate we will work with families and other informal supports of the person with a disability. Free and independent, so able to advocate for clients without conflict of interest.

Star Victoria Inc.

2nd Floor, Ross House
247 Flinders Lane, Melbourne 3000

Telephone: 9650 2730

Fax: 9650 6972

Email: info@starvictoria.org.au

Website: www.starvictoria.org.au

STAR is an independent community organisation that advocates on a state-wide basis for the rights of people with an intellectual disability and their families.

Victorian Advocacy League for Individuals with a Disability (VALID)

235 Napier Street
Fitzroy, Vic 3065

Telephone: 9416 4003

Free call: 1800 655 570

Email: office@valid.org.au

Website: www.valid.org.au

VALID is funded by the State Government as an advocacy group for adults with intellectual disabilities and their families. VALID is managed by an independent Committee made up of people with disability, family members and concerned citizens.

2. Alcohol and Substance Abuse

Primary Contact: Peninsula Drug and Alcohol Program (PENDAP)

12-32 Hastings Rd, Frankston 3199

Telephone: 1300 665 781

After hours help: 1800 888 236

Website: www.phcn.vic.gov.au

A range of holistic and non-judgemental services to assist individuals and families who are experiencing difficulties related to alcohol and drug use, throughout the Mornington Peninsula.

Secondary Contacts: Al-Anon Family Groups

Victorian Southern Area Inc.

Telephone: 1300 252 666 (Helpline)

Email: alanonvsa@netspace.net.au

www.al-anon.alateen.org/australia

Self-help support groups for families and friends of alcoholics. See website or contact for local meetings.

Alcoholics Anonymous Victoria

24 Hour Helplines: (03) 9429 1833
-1300 AAHOPE

Email: administration@aavictoria.org.au

Website: www.aavictoria.org.au

Serving the needs of Melbourne and Regional Victoria.

Over 300 meetings per week State wide, many in Frankston, Mornington Peninsula and Bayside. Supportive and caring environment.

2. Alcohol and Substance Abuse (cont'd)

Alcoholics Anonymous

Mornington Peninsula

Telephone: 1300 880 390 (Helpline)
Email: aapeninsuladistrict@gmail.com
Website: www.aa.org.au

Alcoholics Anonymous is a group of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Alcohol Recovery Program

Beleura Clinic

Corner Stumpy Gully & Bungower Rd,
Moorooduc 3933

Telephone: 5978 8224
Fax: 5978 8286

A private health facility which assists people to stop drinking and to rebuild their confidence and self-esteem in an understanding, supportive and caring environment.

Needle Syringe Program – Mornington Drop In

320 Main St, Mornington 3131

Telephone: 5975 1644

Health initiative to minimise the spread of blood borne viruses among injecting drug users and to the wider community.

Needle & Syringe Program – Rosebud Drop In

878 Pt Nepean Rd, Rosebud 3939

Telephone: 9781 1622

Health initiative to minimise the spread of blood borne viruses among injecting drug users and to the wider community.

SHARPS Needle Syringe Program NSP

20 Young St, Frankston 3199

Shop: 9781 1622
Mobile Service : 1800 642 287
Email: sswift@phcn.vic.gov.au

Needle, Syringe Program (NSP). 24/7
NSP service access
SHARPS shop front hours
9am - 5pm Monday to Friday
Outreach Mobile Service
Operates when the shop is closed. No
service on Public Holidays.

2. Alcohol and Substance Abuse (cont'd)

Windana Drug and Alcohol Recovery

88 Alma Road, St Kilda 3182

Telephone: 9529 7955

Email: windana@windana.org.au

Website: www.windana.org.au

Holistic drug and alcohol information, support, education and treatment services to individuals and families.

Youth Support & Advocacy Service (YSAS)

Level 1, 10-12 Keys St, Frankston 3199

Telephone: 9770 5622

Email: admin@ysas.org.au

Website: www.ysas.org.au

State-wide community service providing outreach services to the Frankston and Mornington Peninsula region for young people aged 12-21 years who are experiencing problems related to alcohol and other drugs.

3. Carer Support Services

Banksia Services for Seniors

Brotherhood of St. Laurence
12 Inglis Ave, Frankston 3199

Telephone: 9783 5907
Website: www.bsl.org.au

General contact for information on carer support groups on the Mornington Peninsula.

Carer Support Groups

Telephone: 5971 9100

Frankston

Fourth Wednesday each month
10.00am – 12.00 Noon
Orwil St Community House
16 Orwil St Frankston

Rosebud

First Friday each Month
10.00am – 12.00 Noon
Rosebud Retirement Village- Library
287 Bayview Rd Rosebud

Mornington

Second Thursday each month
10.00am – 12.00 Noon
St Peters Church Mornington Meeting
Room, Octavia St Mornington

Hastings

First Tuesday each Month
10.00am – 12.00 Noon
Hastings Community Health Centre
185 High St Hastings

Carers Victoria

Level 1, 37 Albert Street, Footscray

Free call 1800 242 636
Telephone: 9396 9500
TTY: 9396 9587
Email: reception@carersvictoria.org.au
Website: www.carersvic.org.au

Offers a range of services and programs for carers including specialist information, counselling, and referrals to other services.

3. Carer Support Services (cont'd)

Commonwealth Respite and Carelink Centres

Telephone: 1800 052 222
Email: commcarelink@health.gov.au
Website: www9.health.gov.au/ccsd/

Commonwealth Respite and Carelink Centres provide free and confidential information on community aged care, disability and other support services available locally, interstate or anywhere within Australia, for older people, people with disabilities and those who provide care and services.

Community Lifestyle Accommodation Ltd

Telephone: 5983 8785 / 0403 712 274
Email: marie.hell@bigpond.com
Website:
www.communitylifestyleaccommodation.org.au

Not for profit organisation committed to providing appropriate housing combined with support and services to meet the changing needs of adults with an intellectual disability. Supporting carers through information and advocacy.

Family Relationship Services for Carers

EACH – Community Inclusion and Support Services (CISS)
254 Canterbury Road Bayswater VIC

Telephone: 1300 303 346
Email: frsc@each.com.au
Website: www.each.com.au

A state-wide service supporting families caring for someone with a disability. FRSC provides short-term counselling to assist families to strengthen relationships and plan for the future of their family member with a disability, via education forums.

Frankston and Peninsula Carers Inc.

Telephone: 5989 0055 or 5981 9036
Email: marjorieross@bigpond.com
Website: www.fpc.org.au

Advocates for homes for adults with an intellectual disability in a happy, healthy and safe community setting. Also helps with training to maintain and develop living skills, and support for carers.

3. Carer Support Services (cont'd)

Peninsula Carers Council

62 Playne St. Frankston, 3199

Telephone: 9769 6419

Email:

info@peninsulacarercouncil.org.au

Website:

www.peninsulacarercouncil.org.au

Support and resource information to carers of people with a mental illness and advocates on their behalf.

L.I.A.I.S.E Southern Health: Carers Support Respite Packages

Level 2, 55 Buckingham Ave,
Springvale, 3171

Telephone: 9792 7425

Fax: 8558 9190

Email:disability.package@monashhealth.org

Funding packages for carers of an adult with an Acquired Brain Injury, to provide respite from their caring role in the form of holidays, social/recreational activities, etc.

Southern Peninsula Community Care Inc.

169 Eastbourne Rd, Rosebud 3939

Telephone: 5986 5255

Fax: 5986 5077

Email: agedcare@spccare.org.au

Website: www.spccare.org.au

IS CARE – Individualised Services
Provides individualised Personal Support, Independent Living Assistance & General Home Assistance.

Cost: fee for service

4. Centrelink (Department Of Human Services)

<p>Centrelink Offices</p> <p>Frankston – 20 Davey St Mornington – 332 Main St Rosebud – 3 Jetty Rd Hastings – 125 High Rd</p> <p>Website: www.centrelink.gov.au Website: www.humanservices.gov.au</p>	<p>Families</p> <p>Family Tax Benefit, Child Care Benefit, Parenting Payment, Double Orphan Pension, Health Care Cards, Baby Bonus, Maternity Immunisation Allowance and Jobs, Education and Training.</p> <p>Telephone: 13 61 50</p>
<p>Job Seekers</p> <p>Newstart Allowance, Widow Allowance, Exceptional Circumstances Relief Payment, Partner Allowance, Special Benefit, and Employment Service Providers.</p> <p>Telephone: 13 28 50</p>	<p>Migrants, refugees and visitors</p> <p>Multilingual Service</p> <p>Telephone: 13 12 02</p>
<p>People with a Disability</p> <p>Helps with Disability Support, Pensions, Mobility Allowance, Carer Payment, Carer Allowance and Sickness Allowance.</p> <p>Telephone: 13 27 17</p> <p>TTY Service Telephone: 1800 810 586</p>	<p>Students and Trainees</p> <p>Support for Youth Allowance, Austudy and Pensioner Education Supplement.</p> <p>Telephone: 13 24 90</p>

5. Child and Family Support Services

Abacus Learning Centre

74 Victoria Street, Hastings 3915

Telephone: 5979 8891

Email: info@abacuslearning.org.au

Website: www.abacuslearning.org.au

A not-for-profit organisation that provides early intervention programs for children with Autism Spectrum Disorder. The Abacus ABA programs help children aged 2-16 develop the skills they need to enjoy a happy and fulfilling life.

Amaze

Telephone: 1300 308 699

Email: info@amaze.org.au

Website: www.amaze.org.au

Amaze is a member-based not-for-profit organisation and is the peak body for Autism Spectrum Disorder (ASD) in the state of Victoria. They provide a range of services to individuals with ASD and the agencies that work with them.

Anglicare Victoria

FRANKSTON

Level 2

60-64 Wells St, Frankston 3199

Telephone: 9781 6700

Fax: 9781 4844

ROSEBUD

1161 Point Nepean Rd, Rosebud 3939

Telephone: 5986 9900

Fax: 5986 5470

Website: www.anglicarevic.org.au

Helps families with children/adults with moderate to severe and/or multiple disabilities, to care for their family member. Helps with Early Choices program (0-6 years), and Making a Difference program (6-65 years).

5. Child and Family Support Services (cont'd)

Association for Children with a Disability

Telephone: 9818 2000
Rural callers: 1800 654 013
Fax: 9818 2300
Email: mail@acd.org.au
Website: www.acd.org.au

Information, support and advocacy for families with a child (0-18) with any type of disability or developmental delay across Victoria.

Autism Plus

8 Holly Drive
Dingley Village Vic 3172

Telephone: 9982 9722
Fax: 9982 9723
Email: enquiries@autismplus.com.au
Website: www.autismplus.com.au

Specialist support in: autism, complex and challenging behaviour, general disability, high support needs, case management, residential support workers, personal care assistants, recreation and respite.

BIALA Peninsula

1 Elizabeth St, Mornington 3931

Telephone: 5975 1820
Fax: 5975 1187
Email: manager@bialapeninsula.org.au
Website: www.bialapeninsula.org.au

Early childhood intervention for children with developmental delays and disabilities from birth to school entry age. Available to families living in Frankston and the Mornington Peninsula Region. Panel provider for Helping Children with Autism (HCWA) & Better Start for Children.

Cystic Fibrosis Victoria

Telephone: 9686 1811
Fax: 9686 3437
Email: admin@cfv.org.au
Website: www.cfv.org.au

To promote research, increase awareness of Cystic Fibrosis and provide education, support and advocacy to Victoria's Cystic Fibrosis community.

5. Child and Family Support Services (cont'd)

Dads in Distress Support Services (DIDSS)

Telephone: 1300 853 437
Email: enquiries@dadsindistress.asn.au
Website: www.dadsindistress.asn.au

Peer support group and referral pathways network for men at risk of experiencing social, systemic or parenting isolation following family breakdown.

Ongoing weekly program
Free service with no intake or access restrictions

Deaf Children Australia

Telephone: (03) 9539 5300
Helpline: 1800 645 916
TTY: (03) 9510 7143
Fax: (03) 9525 2595
Email: info@deafchildren.org.au
Website:
www.deafchildreinaustralia.org.au

Services for deaf children, young people and their families. Services include accommodation, case management, youth services, recreation, employment solutions, information, advocacy and education support.

Disability Continence Support Scheme

Anglicare Victoria – Frankston and Mornington Peninsula

Telephone: 9781 6700 (Frankston)
5986 9900 (Rosebud)

For young people aged 5 to 15 years with a disability. Assists families to effectively manage incontinence and enhance their child's independence and quality of life.

5. Child and Family Support Services (cont'd)

Early Childhood Intervention Services Intake

(South Eastern Victoria Region)

Telephone: 1300 720 151

Fax: 8765 5666

Email:

ecis.intake.sevr@edumail.vic.gov.au

Referral pathway to Early Childhood Intervention Services (ECIS) for children from birth to school entry who have a disability or moderate to severe developmental delay. ECIS Services include Biala Peninsula, Elwyn Morey, Noah's Ark, Scope, Specialist Children's Services and Yooralla.

Extended Families Australia Inc.

792 Esplanade, Mornington 3931
(P.O Box 2173, Mornington 3931)

Telephone: 5950 1055

Fax: 5973 6326

Email:

peninsula@extendedfamilies.org.au

Website: www.extendedfamilies.org.au

A volunteer program where individual volunteers provide long term companionship and flexible respite support to a child or young person (who has a disability) and their family.

Family Relationship Centre

Level 1, 146 Young Street, Frankston

Telephone: 9770 0341

Fax: 9770 2906

Email: frankstonfrc@familylife.com.au

Website: www.familylife.com.au

Counselling, meditation, mental health services, support and community educational services, outreach to homes, case coordination and advocacy.

Good Shepherd Youth and Family Service

Hastings and Mornington

Telephone:

Hastings: 5971 9444

Mornington: 5970 5703

Financial counselling program for people who are currently experiencing financial difficulties.

5. Child and Family Support Services (cont'd)

Men's Line Australia

PO Box 2335
Footscray VIC 3011

Telephone: 1300 789 978 (24 hrs.)
Fax: (03) 8371 2888
Email: talkitover@mensline.org.au
Website: www.menslineaus.org.au

Men's Line Australia is a professional telephone and online support, information and referral service, helping men to deal with relationship problems in a practical and effective way.

Mornington Peninsula Shire

Child and Family Services

Telephone: 5950 1635
Monday to Friday 9.00am to 5.00pm

Maternal and Child Health Line

Telephone: 13 22 29 – 24hr service

Mornington Peninsula Shire Youth Services

Hastings Shed 11 Youth Centre
11 Marine Parade, Hastings, 3915

Telephone: 5950 1666

Rosebud YLounge Youth Centre
1 Nepean Plaza, Rosebud, 3939

Telephone: 5986 3585
Email: mpys@mornpen.vic.gov.au

The Mornington Peninsula Shire Youth Services works with young people between the ages 10 -25. Services include Personal Support, Youth Programs, and Community Development as well a Youth Advocacy, information and referral.

Noah's Ark Inc.

P.O. Box 3039, Frankston East 3199

Telephone: 9975 4888
Fax: 9785 7633
Email: isa.bayside@noahsarkinc.org.au
Website: www.noahsarkinc.org.au

Noah's Ark provides early childhood intervention for children aged 0-6 years and inclusion support within eligible early childhood education and care settings.

5. Child and Family Support Services (cont'd)

Oz Child

947 Nepean Hwy, Mornington 3931

Telephone: 5975 7644

Fax: 5975 4289

Website: www.ozchild.org.au

Provides a number of supportive programs for families, caregivers, children and young people within the Southern Metropolitan Region.

Parentline

Department of Education & Early Childhood Development

Telephone: 13 22 89

Email: parentline@edumail.vic.gov.au

Website: www.parentline.vic.gov.au

A telephone counselling, information and referral service for all Victorian parents and carers of children aged 0-18 years.

8am -12 midnight 7 days a week

Pearcedale Primary School

Baxter Tooradin Rd, Pearcedale 3912

Telephone: 5978 7619

Fax: 5978 7399

Website: www.pearcedaleps.vic.edu.au

Inclusive program for students with a hearing impairment.

Southern Early Childhood Intake Service

Telephone: 1300 720 151

Fax: 8585 6301

Email:

ecis.intake.sevr@edumail.vic.gov.au

Allied health services at childcare, playgroup or preschool, on an individual basis at home or at one of three office locations in the region.

Teenagers Road Accident Group - TRAG

Based At Dromana CFA, Dromana 3936

Telephone: 0411 117 374

Email: trag.info@trag-vic.org

Website: www.trag-vic.org

Raises the awareness of young adults about their responsibilities when they get behind the wheel of a motor vehicle.

5. Child and Family Support Services (cont'd)

Very Special Kids

c/o Anglicare Victoria
1161 Point Nepean Rd, Rosebud 3939

Telephone: 5981 1830
Free call: 1800 888 875
Facsimile: 9822 1252
Email: mail@vsk.org.au
Website: www.vsk.org.au

Supports families caring for children with life-threatening illnesses, from diagnosis through to recovery or bereavement.

Wesley Kids Under Canvas

Telephone: 9794 3000
Email: dsnw@wesley.org.au
Website: www.wesley.org.au

KUK is a program led by trained volunteers that enables young people (8 -18years) with a disability to participate in weekend recreation and camping activities, to expand their social skills and make new friends.

6. Community Houses

Community Houses help with a broad range of community events as well as social, educational and recreational programs at low cost. They aim to enhance the social and economic development of communities and run on principles of inclusive participation, community empowerment, life-long learning and active citizenship. Many Community Houses also provide low-cost meeting facilities for use by community groups.

<p>Benton's Square Community Centre 145 Benton's Rd, Mornington, Vic. 3931</p> <p>Telephone: 5977 2468 Facsimile: 5975 0639 Email: communitycentre@bentonssquare.org.au Website: www.bentonssquare.org.au</p>	<p>Community One Mt Martha Corner Dominion Rd & The Esplanade, Mt Martha, Vic. 3934</p> <p>Telephone: 5974 2092 Fax: 5981 2631 Email: info@community1.com.au Website: www.community1.com.au</p>
<p>Crib Point Community House 7 Park Rd, Crib Point, Vic. 3919</p> <p>Telephone: 5983 9888 Email: info@cpch.org.au Website: www.cpch.org.au</p>	<p>Dromana Community House 15 Gibson St, Dromana, Vic. 3936</p> <p>Telephone: 5987 2631 Email: info@dromanacommunityhouse.org.au Website: www.dromanacommunityhouse.org.au</p>
<p>Good Shepherd Community House Good Shepherd Youth & Family Service Wallaroo Community Centre 6 Wallaroo Place, Hastings, Vic. 3915</p> <p>Telephone: 5970 7000 Email: peninsula@goodshepvic.org.au Website: www.goodshepvic.org.au</p>	<p>Hastings Community House 185 High St, Hastings, Vic. 3915</p> <p>Telephone: 5979 2918 Fax: 5979 7602 Email: mailto:hastingsch@bigpond.com Website: hastingsch.com</p>

6. Community Houses (cont'd)

<p>Mt Eliza Village Neighbourhood Centre Inc. 90-100 Canadian Bay Rd, Mt Eliza, Vic. 3930</p> <p>Telephone: 9787 8160 Email: mail@mevnci.org Website: www.mevnci.org.au</p>	<p>Mornington Community Contact 9-11 Albert St, Mornington, Vic. 3931</p> <p>Telephone: 5975 4772 Email: mcci@satlink.com.au Website: www.morningtoncci.com.au</p>
<p>Rosebud Community House 111 Boneo Rd, Rosebud, Vic. 3939</p> <p>Telephone: 5986 5882 Email: rbudcomh@swiftdsl.com.au</p>	<p>Rye Beach Community House 27 Nelson St, Rye, Vic. 3941</p> <p>Telephone: 5985 4462 Email: ryehouse@netspace.net.au Website: www.ryehouse.com.au</p>
<p>Somerville Community House 14 Edward St, Somerville, Vic. 3912</p> <p>Telephone: 5977 8330 Email: somervi@bigpond.net.au Website: www.somevillecommunityhouse.com.au</p>	<p>Sorrento Youth & Community Centre</p> <p>860-868 Melbourne Road, Sorrento, Vic (enter via Hurley St off George St)</p> <p>Telephone: 5984 3360 Email: enquiries@sorrentocc.org.au Website: www.sorrentocc.org.au</p>
<p>Belvedere Community Centre 36 Belvedere Road Seaford Phone: 9776 8922 Fax : 9776 8956 Email: belvedere36@bigpond.com Website: www.belvedere.org.au</p>	<p>Ebdale Community Hub and Learning Centre 20 Ebdale Street Frankston Reception: 9293 7102 Email: ebdale@frankston.vic.gov.au</p>

6. Community Houses (cont'd)

<p>Frankston South Community and Recreation Centre 55 Towerhill Road Frankston South Phone: 03 9293 7122 Email: frankstonsouthreccentre@frankston.vic.gov.au</p>	<p>Karingal PLACE 103 Ashleigh Avenue Frankston Phone: 8786 6651 Email: <u>Nadine.Robinson@frankston.vic.gov.au</u></p>
<p>Langwarrin Community Centre 2 Lang Road Langwarrin Phone 9789 7653 Email: langcom@satlink.com.au Website: www.langwarrincc.org.au</p>	<p>Lyrebird Community Centre Contact Details 203 Lyrebird Drive Carrum Downs Phone 9782 0133 Email: admin@lyrebird.org.au Website: www.lyrebird.org.au</p>
<p>Mahogany Neighbourhood Centre 26 Mahogany Avenue Frankston North Phone 03 9786 1445 Email: centre@mahogany.org.au Website: www.mahogany.org.au</p>	<p>Orwil Street Community House 16 Orwil Street Frankston Phone 9783 5073 Email: info@orwilst.org.au Website: www.orwilst.org.au</p>

7. Community Information & Support Centres

Hastings Community Information & Support Centre

30 King St, Hastings 3915

Telephone: 5979 2762

Fax: 5979 4886

Email: info@wportcomsupport.org.au

Website: www.hastingscentre.org.au

Mornington Community Information & Support Centre

320 Main St, Mornington 3931

Telephone: 5975 1544

Fax: 5975 3423

Email: manager@mcisc.org.au

Southern Peninsula Community Information & Support Centre

878 Point Nepean Rd, Rosebud 3939

Telephone: 5986 1285

Fax: 5982 2601

Email: admin@spscic.org

Community Support Frankston

35 Beach St. Frankston 3199

Telephone: 9783 7284

Email: csf@frankston.net

Website: www.frankston.net

Frankston Volunteer Resource Centre

Frankston Library

60 Playne Street

Frankston 3199

Telephone: 9770 649

Email:

info@frankstonvolunteer.org.au

Website:

www.frankstonvolunteer.org.au

The Frankston Volunteer Resource Centre has hundreds of volunteering opportunities in and around the city of Greater Frankston and Melbourne's south East. It is our aim to put you in touch with opportunities you feel are the best match for your interests and goals.

8. Department of Health and Ageing

Commonwealth Respite and Carelink Centres help with free information about community aged care, disability and other support services. Centres have local knowledge about the range of services available and how to contact them, who is eligible and whether there are costs involved.

The Centres have information about the following services:

- Household help, home modification and maintenance
- Personal, nursing and respite care
- Disability services
- Support for carers

Telephone: 1800 783 783

Email: commCarelink@health.gov.au

Website: www9.health.gov.au/ccsd/

9. Department of Human Services

The Department of Human Services provides and funds a range of specialist disability supports that are available to people with a disability and their families, to help the person with a disability to be active in the community and reach their full potential. All disability services in Victoria are based on a self-directed approach, which aims to make sure that the services focus on people's needs, aspirations and the choices they make about their lives.

The Disability Information and Referral Team is the first point of call for Disability Services, providing information about supports and services and can also provide assistance with planning, short-term support and crisis intervention to people with disabilities, their families and carers. Intake workers provide generic and disability specific information regarding:

- Respite (both in home and facility based)
- Recreation
- Employment options
- Outreach
- Accommodation
- Futures for Young Adults
- Crisis support

Who can get support?

People with a disability who meet the eligibility criteria in accordance with the Disability Act 2006. The disability is attributed to: Intellectual Disability, Physical, Sensory, Neurological, Acquired Brain Injury and Autism.

Disability Information and Triage Team

Address: Level 3, 10 Jamieson Street Cheltenham 3192

Telephone: 1800 783 783

Fax: 8585 6005

Email: South.Disability@dhs.vic.gov.au

Website: www.dhs.vic.gov.au

10. Education and Training

Chisholm Institute – Disability Officer

Fletcher Rd, Frankston 3199

Telephone: 9212 5000

Website:

www.chisholm.edu.au/Locations/Frankston

General courses and courses run specifically for students with disabilities.

Disability Co-ordination Officer Initiative

31 Playne St, Frankston 3199

Telephone: 9784 0400

Email: enquiries@skillsplus.com.au

Website: www.skillsplus.com.au

Post school options for people who have a disability.

Frankston Special Development School

Sassafras Drive, Frankston 3199

Telephone: 9789 6844

Website: www.frankston-sds.vic.edu.au/

For children and young people aged 2 years and 8 months to 18 years of age who have a moderate to severe intellectual disability.

Mornington Special Developmental School

Telephone: 5975 6111

Email: Mornington.sds@edumail.vic.gov.au

Website:

www.morningtonsds.vic.edu.au

For students with intellectual disabilities and multiple disabilities. Helps with a range of educational programs that promote learning, purposeful, challenging activities and achievement within a safe, supportive environment.

10. Education and Training (cont'd)

Mt Erin Deaf Education Centre

Robinsons Road,
Frankston South VIC 3199

Telephone: 5971 6000

Fax: 5971 1421

Email: mount.erin.sc@edumail

Website:

mterin.vic.edu.au/curriculum/deaf-education-centre/

Guides and supports students who have a hearing loss to achieve their educational goals and to prepare them for further studies or the general workforce.

Naranga School

Naranga Crescent, Frankston VIC 3199

Telephone: 9788 2222

Website: www.naranga.vic.edu.au/

Department of Education school for students who have a mild intellectual disability.

Nepean School

33 Klauer St, Seaford VIC 3198

Telephone: 9786 9111

Website: www.nepean.vic.edu.au/

State school for children with physical disabilities and health issues.

Peninsula Adult Education & Literacy

15 Mitchell St. Rosebud 3939

Telephone: 5982 2811

Fax: 5986 8177

Email: pael@satlink.com.au

Website: www.pael.com.au

Learning for Life, Work, Self and Health.

10. Education and Training (cont'd)

Peninsula Access Support & Training

Level 1, 108 – 120 Young St, Frankston
3199

Telephone: 9775 7333

Email: past@past.org.au

Website: www.past.org.au

P.A.S.T. offers highly supportive pathways into learning, further education and training to build the self-esteem, motivation and confidence required for individuals to move into further education, training or employment.

Peninsula Program for Students with a Disability – PPSDA

72b Barkley St, Mornington Vic 3931

Telephone: 5975 2445

Email: info@fmpllen.com.au

Website: www.fmpllen.com.au

PASDA is an association of integration/disability managers within Frankston/Mornington Peninsula Secondary Schools and service providers whose primary focus is to assist students with a disability to access further education and employment.

Peninsula Specialist College

25 Old White Hill Rd, Dromana 3936

Telephone: 5987 2649

Email:

peninsula.specialist.co@edumail.vic.gov.au

Website:

www.peninsulaspecialist.vic.edu.au

For children with an intellectual disability. The school helps with comprehensive programs for students aged 5-18 years.

Ticket to Work

Telephone: 5975 2445

Email: info@fmpllen.com.au

Website: www.tickettowork.org.au/

A partnership approach to improving the employment and education outcomes of young people with disability

10. Education and Training (cont'd)

Transitioning a Student with Disability online guide

Produced by Frankston Mornington Peninsula LLEN and partners.

Website:

www.fmplendisabilitycareerresource.com

A website for anyone working/talking with young people with a disability who will benefit from additional support or the use of alternate strategies (as opposed to mainstream strategies) to transition into post school options.

Victorian College for the Deaf

597 St Kilda Rd, Melbourne 3004

Telephone: 9510 1706

SMS: 0416 905 371

Fax: 9529 4472

Website: www.vcd.vic.edu.au

The Victorian College for the Deaf is a unique educational centre for deaf and hard of hearing students from Prep to Year 12.

11. Employment

Commonwealth Rehabilitation Service

Frankston
Telephone: 9215 5370

For people with an injury, disability, or health condition that want to find employment.

Rosebud
Telephone: 5950 4150
Website: www.crsaustralia.gov.au

Employment Plus

Frankston, Mornington, Rosebud

Telephone: 13 61 23
Email:
frankston_eplus@aep.salvationarmy.org
Website: www.employmentplus.com.au

Work with a network of employers, training providers, specialised support and government agencies, to create employment solutions.

JobCo.

Mornington, Rosebud, Hastings

Phone: 1300 760 653
Website: www.jobco.com.au

JobCo's mission is to ensure that any person seeking employment services, training, counselling or support is assisted.

Marillac – Job Futures

Telephone: 9784 5888
Fax: 9781 3801
Email: frankston@marillac.com.au
Website: www.marillac.com.au

Job matching, training and support for people with a disability.

8/40 Playne St, Frankston 3199
3/37-41 Victoria Street Hastings 3915

11. Employment (cont'd)

Matchworks

Hastings, Rosebud, Mornington and Frankston

Telephone: 9770 2480

Email: corporate@matchworks.com.au

Website: www.matchworks.com.au

Disability Employment Service specialising in services for people with disability. Job matching and ongoing employment support.

MAX Employment Frankston

Ground Floor
405 Nepean Highway
Frankston VIC 3199

Telephone: 8781 5100

Employment services for people with a disability

Oakleigh Centre Industries

773 Warrigal Rd, Oakleigh 3167

Telephone: 9569 0603

Email: info@oci.org.au

Email: sales@oci.org.au

Email: info@oakleighcentre.org

Website: www.oci.org.au

Employment and training opportunities for people with a disability.

11. Employment (cont'd)

Ozanam Enterprises

59 Yuilles Rd, Mornington VIC 3931

Packaging, recycling and assembly service offering employment for people with disabilities.

Telephone: 5975 5341

Website:

www.ozanamenterprises.org.au

Paramount Personnel

Suite 8, Level 1,
108-120 Young St, Frankston

Specialist disability employment service assisting people to find work and maintain ongoing employment.

Telephone: 9784 3888

Email: options@optionsvic.org.au

Website: www.optionsvic.org.au

Skills Plus Rosebud

13 Ninth Ave, Rosebud 3939

A range of employment and training services for the young, disadvantaged, people with disabilities and people from culturally and linguistically diverse backgrounds.

Telephone: 5982 0300

Email: rosebud@skillsplus.com.au

Website: www.skillsplus.com.au

Skills Plus Frankston

54-58 Wells St, Frankston 3199

Disability Employment Service (DES) assists people with disabilities, illnesses and medical conditions to gain and maintain ongoing employment.

Telephone: 9781 3388

Email: enquiries@skillsplus.com.au

Website: www.skillsplus.com.au

11. Employment (cont'd)

VincentCare Victoria

59-61 Yuilles Rd, Mornington 3931

Telephone: 5975 5341

Email: ozaname@vincentcare.org.au

Website: www.vincentcare.org.au

Ozanam Enterprises (VincentCare Vic) provides supported employment for adults with a disability.

WISE Employment

Level 2, 454 Nepean Hwy, Frankston

Telephone: 9770 5211

Email: frankston@wiseemployment.com.au

Website: www.wiseemployment.com.au

Assistance for people with disabilities to find and maintain employment by offering training, assistance and support, work experience and volunteer work. Also offers assistance to employers.

Sign for Work

597 St Kilda Rd

Melbourne VIC 3004, Australia

Phone: 03 9539 5309

Fax: 03 9529 8605

Skype: [signforwork](https://www.skype.com/en/contacts/signforwork)

Email: info@signforwork.org.au

Sign For Work is a free employment service and is part of Deaf Children Australia. We help many people find work including people who are deaf or hard of hearing.

12. Equipment and Aids

Better Hearing Australia (VIC)

5 High St, Prahran 3181

Telephone: 9510 1577

TTY: 9510 3499

Email: bhavic@betterhearing.org.au

Website: www.betterhearing.org.au

Services for hearing impaired people. Provide information about hearing aids and how to obtain one as well as provide consumer protection information about the purchase of hearing aids

Doability

53 Stubbs St, Kensington 3031

Telephone: 9376 4487

Website: www.doability.com.au

Supply a range of equipment for children and adults with a disability, to assist in daily living, therapy and recreation. Some items are also available for hire.

Emergency ID Australia

Telephone: 1300 369 142

Website: www.emergencyID.com.au

Provide a range of medical jewellery and emergency ID products.

Enviro Rubber – Enviro Wheelchair Ramps and Wedges

7 Bricker St, Cheltenham 3192

Telephone: 9555 2964

Website: www.envirorubber.com.au

Developed for ease of access for wheelchairs and walking frames through doorways, entrances and shower recesses.

12. Equipment and Aids (cont'd)

GMS Rehabilitation

48 Commercial Dr, Lynbrook 3975
Telephone: 9776 4688
Website: www.gmsrehab.com.au

GMS offer a wide range of products including top brands such as Pride Mobility, ROHO, Sunrise Medical and Invacare.

Independence Australia Health Products

35-37 Tinning St, Brunswick 3056

Telephone: 1300 788 855

Email:

customerservice@independenceaustralia.com

Website:

www.store.independenceaustralia.com

MediQuip is a specialist shop which provides incontinence and other health products to increase quality of life. Customers can order incontinence and other products for delivery direct to their home.

Linds Rehabilitation Equipment

Unit 2/112 Browns Rd, Noble Park 3174

Telephone: 9751 5200

Provides a range of aids and other equipment for people with a disability

Magic Mobility

Unit 2/112 Browns Rd,
Noble Park 3174

Telephone: 8791 5600

Fax: 9701 0144

Website: www.magicmobility.com.au

Provides a range of off-road, indoor/outdoor and manual wheelchairs for people with disabilities.

12. Equipment and Aids (cont'd)

MobilityCare

1/12 Marriott Street
Oakleigh, MELBOURNE 3166
Telephone: 9568 8383
Fax: 9568 5114
Mobile: 0438 106 867
Email: info@mobilitycare.net.au

Provides a wide range of disability, mobility and rehabilitation products and advice.

Website: www.mobilitycare.net.au

Mobility Plus Wheelchairs

1/23 Bell Street, Preston 3072

Telephone: 9495 1955

Website: www.mobilityplus.com.au

Australia's leading manufacture of custom-built, ultra lightweight wheelchairs and mobility products. Maintenance and repairs.

Non-Electronic Communication Aid Scheme (NECAS) Communication Resource Centre – Scope

830 Whitehorse Rd, Box Hill 3128
Telephone: 9843 2000
Website: www.scopevic.org.au/

NECAS is a state-wide project that provides Non-electronic Communication Aids for adults with complex communication needs living in Victoria.

Solve Disability Solutions (Formally TADVIC)

C/O- Royal Talbot Rehabilitation Centre
1 Yarra Boulevard, Kew 3101
Telephone: (03) 9853 8655 or 1300 663 243
Fax: (03) 9853 8098
Email: info@solve.org.au
Website: solve.org.au

Solve assists people with disabilities who need custom made equipment for home, recreation, school or work. Volunteers design, make and modify equipment for people with disabilities, provided no commercial solution is available.

12. Equipment and Aids (cont'd)

SWEP (Statewide Equipment Program)

PO Box 1998, Bakery Hill, 3354

Free call : 1300 747 937

Telephone: 5333 8100

Fax: 5333 8111

Email: www.swep.bhs.org.au

Assists eligible people to access subsidised aids, equipment and home modifications to enhance their safety and independence.

Telstra: Disability Equipment Program

Telephone: 1800 068 424

Website: www.telstra.com.au/disability

A comprehensive range of products and services which specifically cater to the diverse needs of people with a disability

Vision Australia – Head office

454 Glenferrie Rd, Kooyong 3144

Telephone: 1300 847 466 (ask for Kooyong)

Information library services:

1300 65 46 56

Website: www.visionaustralia.org.au

Vic Equip stocks an extensive range of specialist equipment for people with visual impairment. All visitors and telephone enquiries are welcome to find out more about the available equipment.

12. Equipment and Aids (cont'd)

Windmill Educational Equipment and Toys

591 Whitehorse Rd, Mont Albert 3127

Telephone: 9830 4336

Email: www.windmill.net.au

A wide range of educational toys and equipment, playground equipment, kindergarten equipment and suppliers of quality toys, books, crafts for kids and teaching aids for children with disabilities.

Yooralla

705 Princes Hwy, Brooklyn 3012

Telephone: 1300 885 886

Fax: 9314 9825

Website: www.yooralla.com.au

Electronic Communication Devices Scheme (subsidised funding for the provision of equipment to give someone 'a voice').

ComTEC- a service providing communication and technology solutions.

Yooralla Equipment Library, for short-term loans of specialised equipment.
Independent Living Centre - a service providing information and advice on assistive technology solutions.

13. Family Violence and Elder Abuse

Australian National Disability Abuse and Neglect Hotline

Hotline: 1800 880 052
TIS 13 14 50
TTY: 1800 301 130
NRS: 1800 555 677
FAX: 8412 7199
Email: hotline@workfocus.com
Website: www.disabilityhotline.net.au

The National Disability Abuse and Neglect Hotline is a telephone service for reporting cases of neglect and abuse of disabled members of the community.

Heavy M.E.T.A.L Group (Men's Education Towards Anger and Life)

Telephone: 0401 766 877
Email: info@heavymetalgroup.com.au
Website:
www.heavymetalgroup.com.au

We offer a specialised program for both men and women. This program is for any man who wants to stop hurting his loved ones; who wants to stop lashing out, controlling or manipulating; who is after a better way of life for his partner, family and himself. The women's program is for any woman who is feeling scared, pressured, humiliated or controlled.

Men Exploring Non-Violent Solutions

62 Tanti Ave, Mornington 3931

Telephone: 5975 8266

For men who have used violence within their family and want to change their violent and abusive behaviour.

13. Family Violence and Elder Abuse (cont'd)

Mornington Peninsula Domestic Violence Service

Telephone: 5971 9454
Fax: 9650 0151
Website: www.goodshepvic.org.au

Free and confidential service where people can talk to an experienced domestic violence worker (via phone or in person), in a safe, confidential environment.

Peninsula and Youth Family Service Crisis Centre
37 Ross Smith Ave, Frankston VIC 3199

Telephone: 9784 5000
Website: www.salvationarmy.org.au

We provide practical assistance, compassionate support and confidential services to people in need and specialises in working with people who have multiple needs or high levels of disadvantage.

14. Health

Peninsula Health - Community Health Services

Helps with a range of health and community services including: adult day centre programs, counselling, dental, diabetes education and support and social groups for people with a disability.

Central Access for all inquiries 1300 665 781

<p>Frankston Community Health Hastings Rd, Frankston 3199</p> <p>Telephone: 9784 8100 Fax: 9784 8149 Dental Clinic: 9784 8184</p>	<p>Hastings Community Health 185 High St, Hastings 3915</p> <p>Telephone: 5971 9100 Fax: 5971 9106 Dental Clinic: 5971 9120</p>
<p>Mornington Community Health 62 Tanti Ave, Mornington 3931</p> <p>Telephone: 5970 2000 Fax: 5975 8257</p>	<p>Rosebud Community Health 38 Braidwood Avenue, Rosebud 3939</p> <p>Telephone: 5986 9250 Fax: 5986 9251 Dental Clinic: 5986 9200</p>
<p>Frankston Hospital Peninsula Health, 2 Hastings Rd, Frankston 3199</p> <p>Telephone: 9784 7777 www.peninsulahealth.org.au</p>	<p>Rosebud Hospital Peninsula Health, 1527 Point Nepean Rd, Rosebud 3939</p> <p>Telephone: 5986 0666 Fax: 5986 7589 www.peninsulahealth.org.au</p>

14. Health (Cont'd)

Frankston Community Rehabilitation Centre

Peninsula Health, 125 Golf Links Rd,
Frankston 3199

Telephone: 9783 7288

Fax: 9770 5459

www.peninsulahealth.org.au

Peninsula Health's community and continuing care services.

Mornington Centre

Peninsula Health, Cnr. Tyalla Grove &
Separation St, Mornington 3931

Telephone: 5976 9000

Fax: 5976 9136

www.peninsulahealth.org.au

Geriatric evaluation and management facility, providing a full range of specialist medical, nursing and allied health services, for older people with complex care needs.

Mount Eliza Centre

Peninsula Health, Jacksons Rd, Mount
Eliza 3930

Telephone: 9788 1200

Fax: 9787 4435

www.peninsulahealth.org.au

Centre and home-based services including: continence services, cognitive dementia and memory services, falls prevention, transitional and in-house care and aged care assessment.

Rosebud Community Rehabilitation Centre

Peninsula Health,
Rear Rosebud Hospital,
Building No 2,
1527 Nepean Rd, Rosebud

Telephone: 5986 3344

Fax: 5981 2267

www.peninsulahealth.org.au

Helps clients who are disabled, frail, chronically ill or recovering from traumatic injury to retain optimal functioning and independence.

15. Housing and Accommodation

Archicentre Home Services

PO Box 18286 Collins Street,
East Melbourne, VIC 3000

Telephone: 1300 134 513

Fax: 9819 5413

Email: info@archicentre.com.au

Website: www.archicentre.com.au

Conduct free home inspections for homeowners with a disability, or who are caring for a person with a disability, to identify what needs to be done to make the home a safer place to live.

Eliza Park Supported Residential Services

157 – 161 Mt Eliz Way
Mount Eliza 3980

Telephone: 9787 3515

Fax: 9787 8219

Email: email@elizaparksrs.com.au

Website: www.elizaparksrs.com.au

Low care service provides its clients with personal support which includes assistance with personal hygiene providing meals, medication. Supervision links to social and medical services.

Home at Last

Helpline: 1300 765 178

Outreach Care and Housing services funded under the Assistance with Care and Housing for the Aged (ACHA) Program by the Commonwealth Department of Health & Ageing.

Homelessness Advocacy Service (HAS)

Telephone: 1800 066 256

Website: Melbourne.homeless.org

HAS provides information, advice and advocacy service for people who have problems with government funded specialist homelessness Services and social housing in Victoria. The HAS defends consumer rights regarding homelessness, housing support and rooming house services.

15. Housing and Accommodation (cont'd)

Marillac

Caulfield, Caulfield South

Telephone: 9591 6400

Fax: 9591 6401

Email: info@marillac.com.au

Website: www.marillac.com.au

Marillac offers people with a disability a wide range of programs and services to meet individual needs. Flexible options including support in people's homes and the community, support to find work, respite support and housing.

Ripples'nTonic

Silverleaves 3922

Telephone: 0439 699 933

Email: relax@ripplesntonic.com.au

Website: www.ripplesntonic.com.au

The Ripples n Tonic service setting aims to enhance lifestyles and wellbeing using an inclusive approach in an accessible relaxing beach house style accommodation.

Peninsula & Youth and Family Services

Telephone: 1800 825 955

37 Ross Smith Ave Frankston

Telephone: 9784 5000

Main entry point for all emergency housing services on the Mornington Peninsula Shire

17 – 19 Ninth Ave Rosebud.

Telephone: 5986 7155

WAYSS Housing Information and Referral Service

Frankston and Mornington Peninsula

Telephone: 9770 2867

Website: www.wayssltd.org.au

Providing advocacy, information and referral on housing options. Limited financial assistance with arrears may be available depending on funding availability and eligibility.

Wesley Mission Victoria

Telephone: 9794 3000

Fax: 9794 3099

Website: www.wesley.org.au

Purpose built house that can accommodate 5 adults. High level support provided including active night staff.

16. Legal

Disability Discrimination Legal Service

Telephone: 1300 882 872
Email: info@ddls.org.au
www.communitylaw.org.au/ddls

State-wide service specialising in disability discrimination legal matters. Helps with free legal services and information, referral, advice, casework assistance, community legal education and policy and law reform.

Marshalls & Dent Lawyers 4/330 Main Street Mornington Vic. 3931

Telephone: 5975 6478
Email: rbixler@mdlaw.com.au
www.mdlaw.com.au

Estate planning and disability trusts for family members with a disability.

Peninsula Community Legal Centre 441 Nepean Hwy, Frankston 3199

Free call: 1800 064 784
Telephone: 9783 3600
pclc@pclc.org.au

Free legal service which helps with initial legal advice and information on most legal matters.

Rosebud Branch
1375 Point Nepean Road, Rosebud
Telephone: 5981 2422

16. Legal (cont'd)

Villamanta Disability Rights Legal Service Inc.

Free call advice line: 1800 014 111 10am – 12 noon; 1-4pm (closed Wednesday morning) 5229 2925

Email: legal@villamanta.org.au

Website: www.villamanta.org.au

State-wide community legal centre that works only on disability related legal and justice issues, with a particular focus on the rights of people with an intellectual disability.

We provide free call advice, information and referral line, casework, limited community education, mainly for people who have an intellectual disability.

We sell books on disability related issues (see website for catalogue). Free information sheets on disability rights are available on the website.

Victoria Legal Aid

Corner O'Grady Ave and Dandenong Rd,
Frankston 3199

Telephone: 9784 5222

Email: frankston@vla.vic.gov.au

Website: www.legalaid.vic.gov.au

Legal advice on criminal law, family law and some civil law matters, protecting the rights of socially and economically disadvantaged Victorians.

17. Library Services

Mornington Peninsula Library strives to provide equal access to information, ideas and lifelong learning opportunities through a range of services and events. Libraries are located in Hastings, Mornington, Rosebud and Somerville, along with a mobile library that visits 16 towns each week.

The library collection has around 200,000 items that includes free books, talking books, large print books, magazines, DVDs, junior CDs, Nintendo Wii and DS games, as well as a range of online resources.

Computers with free internet access are available to book for one hour sessions, as well as free Wi-Fi for laptops at Hastings, Mornington, Rosebud and Somerville libraries.

The Home Library Service offers monthly deliveries of library material to residents of the Mornington Peninsula Shire who are physically unable to visit the library due to illness, frailty and/or disability.

Website: ourlibrary.com.vic.gov.au

Hastings Library

7 High St, Hastings
Telephone: 5950 1710

Mobile Library

Stops at 16 sites across the Peninsula each week.
Telephone: 5950 1713

Mornington Library

Vancouver St, Mornington

Telephone: 5950 1820

Somerville Library

1085 Frankston-Flinders Rd, Frankston

Telephone: 5978 0834

Rosebud Library

McDowell St, Rosebud
Telephone: 5950 123

17. Library Services (Cont'd)

Frankston City Libraries promote a vibrant local culture and sense of belonging through the provision of quality and accessible Library Services.

Libraries are located in Carrum Downs and Frankston with a small children's library in Seaford. Library services are provided at other locations including, Langwarrin and Seaford Council Customer Service Centres, Frankston Railway Station and Karingal PLACE.

The library collection has around 195,000 items which include books, talking books, large print books, magazines, films and documentary DVDs and music CDs. There is also a range of online resources including eBooks, eTalking books and magazines.

Frankston City Libraries has computers with free internet access which can be booked for two hours per day and free Wi-Fi to use with your own devices. An accessibility PC is available which includes a height adjustable electric desk, high visibility keyboard and mouse, and JAWS software.

The Home Library Service offers regular deliveries of library material to residents of Frankston City who are physically unable to visit the library due to illness, frailty and/or disability.

Email: libraryenquiries@frankston.vic.gov.au

Website: www.library.frankston.vic.gov.au

Frankston Library

60 Playne St, Frankston
Telephone: 9784 1020

Carrum Downs Library

203 Lyrebird Drive, Carrum Downs
Telephone: 8773 9539

Seaford Junior Library

Station Street, Seaford
Telephone: 9776 9965

Langwarrin Service Centre

Shop 6, Gateway Shopping Village
Cranbourne Road, Langwarrin
Telephone: 8787 6512

Seaford Service Centre

120 Nepean Highway, Seaford
Telephone: 8773 9601

Karingal PLACE

103 Ashleigh Avenue, Karingal
Telephone: 8786 6651

18. Mental Health Services

Alzheimer's Australia

Victoria

Telephone: 1800 100 500

Email: alz@alzheimers.org.au

Website: www.alzheimers.org.au

For people living with dementia, their families and carers. Helps with information, support, advocacy and education services.

Anxiety Recovery Centre

Helpline: 1300 269 438 / 9830 0533

Telephone: 9830 0566

Website: www.arcvic.org.au

State-wide service providing support, recovery and educational services to people living with anxiety disorders and their families. Services include support groups, group recovery programs, library, pen pal network, activity hour and community education.

Beyondblue

Telephone: 1300 22 4636

Website: www.beyondblue.org.au

Provides a 24/7 service for people who need to talk things through confidentially with a trained mental health professional. Online chat is available 4pm-10pm AEST

Cognitive Dementia and Memory Service

Mount Eliza Centre

Telephone: 9788 1377

Specialist diagnostic service for anyone experiencing changes to their memory and thinking and those who support them.

18. Mental Health Services (cont'd)

Dementia Behaviour Management Advisory Service Vic

Telephone: 1800 699 799
Email: dmas@svhm.org.au

Advice, assessment, intervention, education and specialised support to health care professionals and informal carers of people with dementia who experience behaviours of concern that may impact on their care.

Grief Line

Helpline: 1300 845 745
Admin: 9935 7400
Email: ccini@griefline.org.au
Website: griefline.org.au

Telephone counselling service from 12.00 noon to 3.00 am for people experiencing grief and loss. Also helps with a children's program, Iranian and Afghan counselling and an online counselling service.

GROW

Mornington and Frankston

Free call: 1800 558 268

Telephone: 9528 2977
Website: www.grow.net.au

Regular meetings in small groups for people who have experiences with depression, anxiety or other mental or emotional distress.

Frankston group meets at St. Francis Xavier Catholic Parish 60 Davey Street, Frankston 3199, 1-3pm

Mornington group meets at Peninsula sport services, 3-5 Yuilles Rd Mornington, Vic 3931, 10:30am-12:30pm

Lifeline

Telephone: 13 11 14
Website: www.lifeline.org.au

Our telephone crisis supporters are available 24/7 to listen, provide emotional support and referrals to appropriate services in your area.

18. Mental Health Services (cont'd)

National Dementia Helpline

Telephone: 1800 100 500
9am - 5pm Monday - Friday

A national telephone information and support service. Helps with understanding and support for people with dementia, their family and carers.

Mind Australia

Telephone: 1300 550 265
Website: www.mindaustralia.org.au

Mind Australia supports people with a mental illness and their families, to live independent, productive and satisfying lives through a comprehensive range of services.

Mount Martha Community Learning Centre

Cnr. Dominion Rd and The Esplanade,
Mount Martha 3934

Telephone: 5974 2092
Website: www.community1.com.au

Low Cost Counselling

Relationship issues, family and couples counselling, stress, anxiety, depression, drug and alcohol problems, gambling, grief and loss.

Peninsula Headspace

Level 1, 12 Keys St, Frankston 3199

Telephone: 9769 6419
headspace@peninsulaheadspace.org.au
Website: www.headspace.org.au

Health service for young people providing free counselling sessions and referrals to other workers and services.

Peninsula Health Mental Health Service

Adult and aged mental health services.

Triage "New Referrals" 24hours/7 days

Adult referrals

Telephone: 1300 792 977

Carer & Consumer Consultant

Telephone: 9784 7105

Aged referrals

Telephone: 9784 6999

18. Mental Health Services (cont'd)

Peninsula Support Service

23-25 Yuilles Rd, Mornington, 3931

Telephone: 5970 5000

Email: pss@pss.org.au

Website: www.pss.org.au

or: www.looksoutside.org.au

Support services for people living with, and those affected by a mental illness.

Services offered are provided in a safe, supportive and encouraging environment.

Post and Ante Natal Depression Association Inc.

Telephone: 1300 726 306

Email: info@panda.org.au

Website: www.panda.org.au or

www.howisdadgoing.org.au

Telephone counselling and information, referral to supports in the local area and support groups for women and families affected by antenatal and postnatal mood disorders.

Road Trauma Support Services

Victoria

Telephone: 1300 367 797

Email: info@rtssv.org.au

Website: www.rtssv.org.au

State-wide counselling, education and support service for people who have been affected by road trauma. Counselling and support services are free of charge.

Sane Australia

Telephone: 1800 187 263

Email: helpline@sane.org

Website: www.sane.org

Monday – Friday 9am – 5pm (EST)

A national charity working for a better life for people affected by mental illness through campaigns, education and research. The SANE Australia helpline provides information, advice and referral about mental illness.

19. Multicultural

**New Hope Foundation
Frankston Multicultural Centre**

24 High St, Frankston 3199

Telephone: 9770 2251 or 9781 5788

Fax: 9769 6750

Email: heap@newhope.asn.au

or: theresas@newhope.asn.au

Assist newly arrived refugees through a range of services including the settlement grants program, employment and training services and information.

Assistance to CALD senior citizen clubs with information, funding applications, governance issues. Advocacy service for individuals and groups.

**Translating and Interpreting Service
- TIS National**

Telephone: 13 14 50

Website: www.tisnational.gov.au

TIS National is an interpreting service, provided by the Department of Immigration and Border Protection for people who do not speak English and for the English speakers who need to communicate with them.

Skills Plus Inc.

Level 2, 54-58 Wells Street
Frankston VIC 3199

Telephone: 9781 3388

Fax: 9781 1998

Email: enquires@skillsplus.com.au

Website: www.skillsplus.com.au

Education, training and an adult migrant English program.

20. Recreation

Access for All Abilities

First Point of Call Service

Telephone: 1800 222 842

Email: request@aaavic.org.au

Website: www.aaavic.org.au

The Access for All Abilities program supports and develops inclusive sport and recreation opportunities for people with a disability throughout Victoria.

Alpha Autism

30-532 Glenferrie Road,
Hawthorn Vic 3122

Telephone: (03) 8808 6500

Fax: (03) 9818 1574

Email: admin@alphaautism.org.au

Website: www.alphaautism.org.au

Empowering people on the autism spectrum.

Provides its members with an opportunity to participate in a range of social activities assisted by experienced support workers. This allows families and carers to access respite services.

Art About

(Arts Access Victoria & Mornington
Peninsula Shire)

Seawinds Community Hub,
11a Allambi Ave,
Rosebud West 3940

Telephone: 9699 8299

TTY: 9699 7636

Fax: 9699 8868

Email: info@artsaccess.com.au

Website: www.artsaccess.com.au

Art About is a visual arts program for adults with disability, providing respite for their families and voluntary carers. Art About is designed for adults, 18-65 years, with disability.

20. Recreation (cont'd)

BAM Allstars Dance Crew

Telephone: 0425 721 848
Email: bamdanceclass@outlook.com.au
Website: www.bamdanceclass.com.au

All abilities dance classes for children, teens and adults. New members always welcome. Classes held Saturdays at Monash Uni Frankston (Peninsula Campus MPARC Building)

Basketball Victoria Inclusion Programs

State Basketball Centre, 291 George St, Wantirna South 3152

Telephone: (03) 9837 8000
alice.hammond@basketballvictoria.com.au
Website: www.basketballvictoria.com.au

Basketball Victoria is a not-for-profit State Sporting Association with 144 affiliated Associations state-wide. Many Associations offer competitions and participatory programs for people of ALL abilities to be involved in a level that suits.

Blind Sports Victoria

454 Glenferrie Rd, Kooyong 3144

Telephone: 9822 8876
Email: info@blindsports.org.au
Website: www.blindsports.org.au

Blind Sports Victoria provides sporting and recreational opportunities for people who are blind and vision impaired.

Brotherhood Community Nexus

Telephone: 8781 4226
Reception: 8781 4200
Fax: 8781 4298
Email: ccornish@bsl.org.au
Website: www.bsl.org.au

Recreation and leisure opportunities for people aged over 35 years with an intellectual disability. Individual and small group activities are designed to meet the needs of clients.

20. Recreation (cont'd)

Disabled Surfers Association Mornington Peninsula

Mobile: 0418 101 645

Email: stewart@rollsurface.com.au

Website:
disabledsurfers.org/vic/morning-peninsula-branch/

We aim to “Put smiles on dials”, that is to provide a safe, and enjoyable surfing experience for people with any disability

Focus Individualised Support Services

Dromana

Telephone: 5981 5100

Email: info@focuslife.com.au

Website : www.focuslife.com.au

Focus promotes empowerment and independence through a range of activities and developmental programs that enrich the person’s quality of life. For each individual a person centred plan is designed and implemented based on personal interests and preferences.

Frankston Arts Centre Arts Access Program

Telephone: 9784 1890

Email: thefac@frankston.vic.gov.au

Website:
www.artscentre.frankston.vic.gov.au

The FAC is an inclusive venue providing arts opportunities for all abilities. The FAC has a dedicated Arts Access Officer and offers a range of accessible and inclusive programs, including live theatre captioning, ticket subsidy scheme, educational pathways and specialised workshops many of which are delivered at Cube 37 the FAC’s community arts hub.

Cube 37:

37 Davey St Frankston

Telephone: 9784 1896

Email: cube37@frankston.vic.gov.au

20. Recreation (cont'd)

Get Out! (Arts Access Victoria)

Cube 37, Frankston Arts Centre, Corner
Davey and Young streets, Frankston
3199

Telephone: 9699 8299

TTY: 9699 7636

Fax: 9699 8868

Email: info@artsaccess.com.au

Website: www.artsaccess.com.au

Get Out! is a visual and performing arts program for adults with disability, providing respite for their families and voluntary carers. Get Out! is designed for adults, 18-65 years, with disability

IMPACT Leisure Services

1/162, Drummond Street, Oakleigh
3166

Telephone: 9568 6144

Fax: 9568 6044

Email: reception@impact.vic.edu.au

Website: www.impact.vic.edu.au

Supported holidays, Social Impact, Respite opportunities and Friday Night Social Club are available to people over 16 with intellectual disabilities. Phone to discuss or to get the latest ILS holiday booklet.

Leisure Options Holidays

Suite 44/ 574 Plummer St, Port
Melbourne 3207

Telephone: (03) 9646 0666

Email: mail@leisureoptions.com.au

Website: www.leisureoptions.com.au

Leisure Options Great holidays and travel for people with disabilities. Offering over 80 holidays each year to the world's finest destinations. Highly trained and experienced staff including registered nurse.

20. Recreation (cont'd)

Men's Shed

Frankston North, Hastings, Rosebud,
Langwarrin, Mornington and Somerville

Men's Shed Assoc of Australia
Telephone: 1300 550 009
Email: amsa@mensshed.net

Men's Sheds are community-based organisations, accessible to all men; they provide a safe and friendly environment where men are able to work on meaningful projects at their own pace in their own time in the company of other men. A major objective is to advance members well-being and health.

Mornington Carriage Driving for People with Disabilities

Mornington Racecourse, Racecourse Rd,
Mornington 3931

Telephone: 59831024
Email: drivingfordisabled@hotmail.com

Assists people with disabilities that prevent them from sitting on a horse to learn to drive a horse-drawn carriage and have an equine experience.

Mornington Community Garden

Pine Reserve, Mitchell St, Mornington,
3931

Telephone: 5975 6014
Email: dig-itcomgarden@hotmail.com
Website: www.dig-itcomgarden.org

A community space where people of mixed backgrounds and abilities can get together to share and learn gardening skills.

Mornington Peninsula Regional Gallery

Civic Reserve, Dunns Rd, Mornington
3931

Telephone: 5975 4395
Email: mprg@mornpen.vic.gov.au
Website: www.mprg.mornpen.vic.gov.au

Public art gallery with a changing exhibition program and education programs for all ages. Wheelchair access, self-service café, disabled toilets and free guided tours.

20. Recreation (cont'd)

Mornington Peninsula Shire – All Access Program

Mornington Peninsula Shire, Private Bag
1000 Rosebud 3939

Telephone: 5950 1560

Fax: 5950 1754

Email: somerec@mornpen.vic.gov.au

Website: www.mornpen.vic.gov.au

A range of Centre-based and Community Access programs to enhance the physical, intellectual, psychological and social wellbeing of clients and their carers.

Mt Eliza Village Neighbourhood Centre

90-100 Canadian Bay Rd, Mt Eliza 3930

Telephone: 9787 8160

Email: mail@mevnci.org.au

Website: www.mevnci.org.au

Planned Activity Group for adults who are socially isolated, have a disability or would enjoy a supported environment.

Peninsula Access Support and Training Inc. (PAST) Accessible Holiday Accommodation

Suite 1, Level 1, 108-120 Young St,
Frankston 3199

Telephone: (03) 9775 7333

Email: respitedadmin@past.org.au

Website: www.past.org.au

This purpose built single storey fully accessible holiday house features a fully equipped kitchen, 4 bedrooms each with 2 single beds including 1 high/low bed and 11 hospital bed, another bedroom with en-suite including bunk beds, 1 double and 1 single, 5 fully accessible toilets, 3 fully accessible bathrooms. There are 2 hoists with tracking into toilets, bathrooms and bedrooms.

Peninsula School Holiday Program

Connor House Respite Services
73 Tanti Ave, Mornington 3931

Telephone: 5975 2263

Fax: 5976 3508

Email: connorhouse@karingal.org.au

Website: www.konnections.org.au

A range of stimulating and enjoyable group activities during school holidays for children 6-18 years of age with an intellectual disability who have an unpaid carer.

20. Recreation (cont'd)

Rec-Line

Telephone: 5964 0989
Fax: 9568 4238
Email: yskoda@oakleighcentre.org
Website: www.oakleighcentre.org

Recreation and leisure service for persons with an intellectual disability, offering varied activities monthly, on weekends and weeknights and a weekly disco on Thursday nights.

Co-ordinates supported holidays for adults and children with an intellectual disability interstate or overseas.

Riding Develops Abilities

Telephone: 9258 4730
Email: admin@rdav.asn.au
Website: www.rdav.asn.au

Horse riding, carriage driving and related activities for people with disabilities. Programs offer therapeutic, developmental and social value for riders and drivers (phone or visit website for services in your local area).

Rosebud Community Garden Inc.

Lawson Park, Leon Ave, Rosebud 3939

Telephone: text or call 0403 008 016
Email: info@rosebudcommunitygarden.org
Website: www.rosebudcommunitygarden.org

A community space where people of mixed background and abilities can get together to share and learn gardening skills.

Sailability Mornington

Mornington Yacht Club

Telephone: 9783 7445
Email: glyell@optusnet.com.au
Website: www.morningtonyc.yachting.org.au

Introduces people of all ages and abilities to sailing in a fun, inexpensive way, within a supported environment. Also available at Blairgowrie and Hastings Yacht Clubs (phone or check website for details).

20. Recreation (cont'd)

Scope

Southern Region
830 Whitehorse Road
Box Hill Victoria 3128

Telephone: 9843 3000
Email: contact@scopevic.org.au
Website: www.scopevic.org.au

Scope offers a wide range of services from services for people with a disability to services for carers, employers and other groups.

Special Olympics Victoria

Suite 3, Whitehorse Community Resource Centre, 79 Mahoneys Rd, Forest Hill VIC 3131

PO Box 2054, Forest Hill Vic 3131

Telephone: 9877 2769
Email: victoria@specialolympics.com.au
Website: www.specialolympics.com.au

Sporting programs that provide regular training and competition in a variety of sporting activities for children and adults with an intellectual disability.

Statewide Autistic Services

Seaford

Telephone: 9773 6044
Fax: 9776 4299
Email: enquiries@sasi.org.au
Website: www.sasi.org.au

Weekend and school holiday excursions for children, teenagers and adults with an Autism Spectrum Disorder living in the Southern Metropolitan Region. Please contact Recreation Coordinator for further information.

SWISH table tennis

Mornington Peninsula Table Tennis Association, Civic Reserve
Dunn's Road, Mornington

Telephone: 0400 520 411
Email: greg.price@petermac.org
Website:
www.visports.org.au/sports/swish/

Swish sessions occur on the first Saturday of every second month (or more frequently if popular) 10:00 am - 1:00 pm

Cost \$4 per player.

20. Recreation (cont'd)

The Bridge– Your Respite Options (YRO) Social Connections Frankston

Level 4, Suite 1, Plaza Business Centre,
26 McCrae St, Dandenong 3175

Telephone: (03) 9701 7311
Email: yro@optionsvic.org.au
Website: www.thebridgeinc.org.au

YRO provides monthly activities in recreation and leisure. The activities are 5 hours and are based once a month on the weekend. Support and transport is covered, the cost is only for the activity. Support ratio is 1 staff to 4 participants.

Tootgarook Holiday House – Rec-Line

Telephone: 5964 0989
Email: yskoda@okleighcentre.org
Website: www.oakleighcentre.org

Low cost supported holidays in Tootgarook for adults and children with an intellectual disability. The fully accessible house is available for hire for disability service providers, families and carers of persons with a disability.

U3A Frankston

P.O. Box 429
Frankston, Vic. 3199

Telephone: 9770 1042
Email: u3af@optusnet.com.au
Website: www.u3af.org

Education and social stimulation for people who are retired or semi-retired. Activities include art, music, games, computers, outdoor activities, languages and more.

U3A Hastings

13 Teal Court, Hastings

Telephone: 5979 8585
Email: u3a@iinet.net.au
Website : www.hastingsu3a.org.au

Hastings U3A (University of the Third Age) is a non-profit organisation providing low-cost courses and activities for semi / retired seniors without the pressure of competition and performance expectations.

20. Recreation (cont'd)

U3A Southern Peninsula

University of the Third Age
359A Point Nepean Rd, Dromana 3936

Telephone: 5981 8777
Email: u3asp@satlink.com.au
Website: www.u3aonline.org.au

Education and social stimulation for people who are retired or semi-retired. Activities include art, music, games, computers, outdoor activities, languages and more.

Wesley Mission Victoria ABI Peninsula Group

121 Hall Rd, Carrum Downs 3201

Telephone: (03) 9783 0570
Email: KUKteam@wesley.org.au
Website: www.wesley.org.au

Wesley's ABI Peninsula Group is a recreational respite program for people with Acquired Brain injury who live in Mornington Peninsula regions. The program provides recreational respite activities and a weekend away throughout the year.

Wesley Kids Under Canvas (child and family)

Telephone: 9794 3000
Email: kukteam@wesley.org.au
Website: www.wesley.org.au

KUK is a program led by trained volunteers that enables young people (8 -18 years) with a disability to participate in weekend recreation and camping activities.

WOW Tours

Walk or Wheels Holidays

Telephone: 9890 2859
Email: wowntours@optusnet.com.au
Website: wowntours.org

WOW Tours specialises in providing local short breaks for people with physical and intellectual disabilities, acquired brain injuries, and anyone requiring a travel companion or in need of respite.

20. Recreation (cont'd)

Villa Maria

Download the free Out & About - Accessing Your Community App for iPhone

The Out & About App is a location-based tool with information about accessible venues and events to make planning a great day out much easier.

YMCA Victoria

Telephone: 9403 5000
Fax: 9403 5100
Email: vicoffice@ymca.org.au
Website: www.victoria.ymca.org.au

Expertise, programs and services in aquatics, camping and outdoor education, children's services, health and wellness, sport and community recreation, youth services and accommodation.

21. Respite

Able Australia Respite Services

616 Riversdale Road
Camberwell VIC 3124

Telephone: 1300 225 369

Fax: 9882 9210

TTY (03) 9882 6786

Email:

reception@ableaustralia.org.au

Website: www.ableaustralia.org.au

Creating a community where people with multiple disabilities including deaf-blindness are seen, heard, respected, valued and connected. Ages 6-64 for residents of Victoria.

Brotherhood of St Laurence

12 Inglis Ave, Frankston 3199

Telephone: 1300 147 147

Email: bacci@bsl.org.au

Website: www.bsl.org.au

Banksia Community Respite Centre

Day, evening and overnight care for people over 65 years with dementia or a disability, to enable their carers to take a break. Also offers respite for people under 65 years diagnosed with Younger Onset Dementia.

Brotherhood of St Laurence

2 – 4 Overton Rd, Frankston 3199

Telephone: 1300 147 147

Email: bacci@bsl.org.au

Website: www.bsl.org.au

Nexus Community and Respite Disability Services

Provides Future Planning and Respite Opportunities and activities for people with a disability and respite options for carers. Carers need to be over 60 years of age.

CareConnect

Rosebud Retreat

Telephone: 1800 116 166

Email: info@careconnect.org.au

Website: careconnect.org.au

The Rosebud Retreat offers short-term holiday respite for carers (and their families) who support the frail aged, people with a disability and/or people with a mental health issue.

21. Respite (cont'd)

Commonwealth Respite and Carelink Centre Southern Region

Telephone: 1800 052 222
Email: info@carersouth.org.au
Website: www.carersouth.org.au

The Southern Region Centre is a part of Alfred Health and is the regional contact point for carers (including young carers) and the community. It provides respite and practical and emotional support for carers in

Melbourne's south and south-east. It helps to meet the needs of carers through a range of activities such as information provision, referral, respite coordination and respite planning

Connor House (Konnections) 73 Tanti Ave, Morningson 3931

Telephone: 5975 2263
Email: connorhouse@karingal.org.au
Website: www.karingal.org.au

A six bed Facility for short term accommodation for people with an Intellectual disability aged 18 years and over. Non facility based Respite Weekends for children with an intellectual disability between the ages of 7 – 16.

Department of Human Services 16 Reservoir Road Frankston

Disability Client Services, Intake & response on:

Telephone: 1300 131 079

Reservoir Road respite house is a very spacious home environment built 6 years ago specifically for children's respite.

21. Respite (cont'd)

Flexi Support Respite Service

Telephone: 9561 9563
Email: info@flexi-support.com.au
Website: www.flexi-support.com.au

Provides respite and personal care services. Our carers can provide support both in the home and are able to provide the person with a disability out on day trips, to appointments or activities. .

Independence Australia

Telephone: 1300 704 456
Email: service.enquiry@independenceaustralia.com
Website: www.independenceaustralia.com

'Bayside Villa' Respite House Williamstown is available for transitional clients waiting on house modifications; long term supported accommodation as well as emergency and planned respite.

Marillac (Youth Respite Service)

790 Glen Huntly Rd, Caulfield South 3162

Telephone: 9591 6400
Email: info@marillac.com.au
Website: www.marillac.com.au

Community-based respite options for children aged 12-18 years with a disability.

Moira Time for a Break Resource Booklet

928 Nepean Hwy, Hampton East 3188

Telephone: 8552 2222
Email: moira@moira.org.au
Website: www.moira.org.au

A guide to respite care and recreation services for people with disabilities and their families in the South Division areas of Bayside Peninsula and Southern Melbourne.

21. Respite (cont'd)

Peninsula Access Support and Training Inc. (PAST)

Level 1, Suite 3, 108 – 120 Young St,
Frankston 3199

Telephone: 9775 7333

Email: past@past.org.au

Website: www.past.org.au

National Relay Service:

1300 555 727

Various subsidised Respite holiday options exist for DHS registered clients living at home with a Carer in the Southern Region. Holidays are planned in a way that ensures people are in the company of others with similar interests enabling new friendships to be formed.

Reservoir Road

16 Reservoir Rd, Frankston 3199

Telephone: 9781 3407

Client services: 1300 131 079

Fax: 9781 3407

A 6 bed residence catering for children from 6-18 years with intellectual and/or multiple disabilities.

Respite South

Careline Telephone: 1800 052 222

Website: www.respitesouth.org.au

Respite South Respite South features stories about local disability respite and recreation, carer support and news from the broader disability sector.

Sign up to the weekly e-newsletter for your snapshot of what's happening.

Scope

Great Break

Recreational Respite.

Telephone: 9587 8225

Fax: 9587 9828

Mobile: 0438 362 152

Email: prunting@scopevic.org.au

Weekend Holidays for people with disabilities living with unpaid carers in the Southern region.

21. Respite (cont'd)

Southern Peninsula Community Care Inc.

169 Eastbourne Rd, Rosebud 3939

Telephone: 5986 5255

Fax: 5986 5077

Email: c.reese@spccare.org.au

Website: www.spccare.org.au

Host Homes, Day Centre, Outreach Activities and an Overnight Respite Program

Services include planned activity groups, group based community outings, host home respite and overnight respite programs.

St Mary's Health Services In-Home Respite .

Telephone: 9773 8234

Email: info@stmaryshealthservice.com.au

Website:

www.stmaryshealthservices.com.au

1:1 in-home respite, community access, transportation. 24 hour 7 day a week service. Tailored service to meet individual and family needs.

Villa Maria

6 Studley Park Road, Kew, Victoria 3101

Telephone: 9855 7600

Fax: 9855 7899

Email: villamaria@villamaria.com.au

Website: www.villamaria.com.au

Facility-based and flexible respite.

Wesley Mission Victoria

280 Thomas Street, Dandenong 3175

Telephone: 9794 3000

Fax: 9794 3699

Website: www.wesley.org.au

Facility based adult respite services, supported accommodation services, adult day program and weekend recreation activities for 8-18 year olds.

21. Respite (cont'd)

OzChild – Adult Flexible Respite Options

947 Nepean Hwy, Mornington 3931

Telephone: 5975 7644

Fax: 5975 4289

Email: disabilityintake@ozchild.org.au

Website: www.ozchild.org.au

Flexible and responsive options to carers other than facility based or in-home support.

OzChild – Children's Respite House

947 Nepean Hwy, Mornington 3931

Telephone: 5975 7644

Fax: 5975 4289

Email: disabilityintake@ozchild.org.au

Website: www.ozchild.org.au

The residence helps with respite care for five children aged 6-17 years with a physical, sensory or intellectual disability.

OzChild – Flexible Respite Options, Children's program

947 Nepean Hwy, Mornington 3931

Telephone: 5975 7644

Fax: 5975 4289

Email: disabilityintake@ozchild.org.au

Website: www.ozchild.org.au

This program funds/operates school holiday programs, friendship/activity groups for children of all ages.

OzChild – School Holiday Program

947 Nepean Hwy, Mornington 3931

Telephone: 5975 7644

Fax: 5975 4289

Email: disabilityintake@ozchild.org.au

Website: www.ozchild.org.au

For children aged 5 to 17 years with special needs.

22. Support Groups

Acquired Brain Injury Support Group

Mornington

Telephone: 97927432

Fax: 85589190

Email:

disabilitypackages@monashhealth.org.au

Website: www.monashhealth.org.au

An opportunity for members to share information with each other, develop new friendships and to become involved in new activities. It is open to individuals with an ABI between the ages of 18-64 years who live in the Mornington Peninsula and Frankston area.

Better Breathers

Rosebud/Mornington

Telephone: 5986 5851

Email: chreg11@bigpond.com

Self-help support group for respiratory patients and carers providing information, social comparison, reinforcement and social support.

Cancer Support Group – Southern Peninsula

P.O. Box 2147 Rosebud 3939

Telephone Support Service: 5986 8475

Telephone: 0429624375

Email: spcsg@hotmail.com.au

Provides emotional and practical support for patients and their families as well as transport for people with cancer to appointments.

Meetings: Our Lady of Fatima Church Hall, 16 Hinton St Rosebud 3939
Second Monday 1.00pm alternate months beginning Feb.

Cerebral Palsy Support Network

Telephone: 1300 277 600

Website: www.cpsn.info

A not-for-profit organisation providing information and support services to people living with cerebral palsy and their families

22. Support Groups (Cont'd)

CleftPALS

Support hotline: 04 2586 6749

Feeding equipment hotline:

Telephone: 0425784136

Website: www.cleftpalsvic.com

A non-for-profit organisation made up of a group of volunteers – mostly parents and cleft-affected adults – who understand what parents and families are going through, and want to help.

Diabetes Support Groups

62 Tanti Ave, Mornington 3931

Contact: Panda Brockenshire

Telephone: 5987 2956 or 0411 428 657

Support group for people with diabetes.

Life's Little Treasures

Telephone: 1300 697 736

Website: www.lifeslittletreasures.org.au

A charity dedicated to providing support, friendship and information, specifically tailored for families of children born premature or sick.

Macular Vision Loss Support Society of Australia

Telephone: 9803 3170

Information and support to people suffering from macular degeneration.

Meniere's Australia Inc.

Suite 4, 18-28 Skye Road, Frankston 3199

Telephone: 9783 9233

TTY: 9781 4190

Fax: 9783 9208

Email: info@menieres.org.au

Website: www.menieres.org.au

Provides peer support and counselling to people experiencing Meniere's Disease and other vestibular disorders. Provides information and resources to family, friends and health professionals to increase community awareness. Mornington Peninsula Support Group.

22. Support Groups (Cont'd)

Mornington Peninsula Post-Polio Support Group

Mornington Information Centre
Cnr Main and Elizabeth St
Mornington.

Telephone: 5974 3495

Meetings and outings generate friendship and understanding.

Meets on the second Saturday of the Month at 11 a.m.

Mornington Peninsula Prostate Support Group

Bentons Square Community Centre, 145
Bentons Rd, Mornington. 3931

Telephone: Roy 0413 654 808
Email: mppsg@optusnet.com.au

Support, Education and Information Group for men with prostate cancer, their partners and friends.

7pm-8:30pm

Meets 2nd Wednesday in the Month (except January)

Stroke Support and Social Club

Canadian Bay Rd, Mt Eliza 3930

Telephone: 042130 5142
Email: melcarol@iprimus.com.au

Support group for people who have suffered a stroke and their carers.

Mornington Peninsula

Post- Polio support group

Mornington Information Centre
Main St Mornington
(Access from rear)

Dennis Lloyd: Tel: 5974 3495

Group meets on the second Saturday of every month at 11:00am.

Welcome to bring significant other or friend.

Morning tea provided.

VIPA Foundation (Vision Impaired Person's Aid)

T: 0458 831 313

E: vipafoundation@gmail.com

Meetings: Uniting Church House
49 Railway Parade, Seaford 3198

Mondays: 10am-3:30pm and Thursdays
9:30am-12:00pm

A non-for-profit organisation providing information and support to people living with a vision loss and their families. An opportunity for members to seek assistance to enable them to continue participating in their interests.

23. Support Services

Access Solutions National

Telephone: 1300 668 985
Fax: 9015 6482
Email: info@asnpl.com.au
Website: www.asnpl.com.au

A flexible company that works collaboratively with organisations as a consultant or secondary advisor. They help with accurate advice and creative solutions to increase the opportunities for people with a disability.

After-Care Australasia Pty Ltd

Telephone: 1300 464 663
Email: inhome@after-care.com
Website: www.after-care.com

After-Care specialise in a wide range of personalised client services including Personal Care, Respite, Home based services, Case Management and more. 24 hour on call service.

Anglicare Victoria

1161 Point Nepean Rd, Rosebud 3939

Telephone: 5986 9990
Free call: 1800 809 722
Fax: 5986 5470
Email: info@anglicarevic.org.au
Website: www.anglicarevic.org.au

Anglicare Victoria's Frankston and Mornington Peninsula Disability Services work with individuals and families to build on people's strengths, help with support and assistance and facilitate participation in the local community.

Arthritis and Osteoporosis Victoria

263 Kooyong Road, Elsternwick 3185

Telephone: 8531 8000

Free call: 1800 011 041

Open 9am to 5pm weekdays

Email: afv@arthritisvic.org.au

Website: www.arthritisvic.org.au

Provides information on how to live well with arthritis, osteoporosis and other musculoskeletal conditions. Programs and services include peer support groups, library, a help line staffed by nurses, a help line staffed by people living with a musculoskeletal condition, services for families of children living with juvenile arthritis. Also provides a range of community, peer leader and health professional courses and events.

Auslan Company

PO Box 3281, Mornington 3931

Telephone: 0425 777 208

Email: darren@auslan.net.au

Website: www.auslan.net.au

Community based Auslan Sign Language courses, Auslan resources, workplace consultancy, introduction to Auslan signs for staff, parents, teachers and aides and information on deafness and services available.

Australian Hearing

Hearing Centre – Ground Floor, 454 Nepean Hwy, Frankston 3199

Telephone: 8781 3700

Website: www.hearing.com.au

An Australian Government agency, Australian Hearing provides a full range of hearing services for children and young people up to the age of 26 and eligible adults.

Better Hearing Australia

5 High Street, Prahran 3181

Telephone: 1300 242 842 / 9510 1577

TTY: 9510 3499

Email: victoria@betterhearing.org.au

Website: www.betterhearing.org.au

Not-for-profit charitable organisation providing independent, professional information, advice and services on all aspects of hearing loss management (including free hearing tests and technology advice) free of charge. Home and organisation visits available.

Beyond Disability Inc.
PO Box 1451, Pearcedale 3912

Richard Stubbs CEO
Telephone: 59785000
Email: helpful@bdi.org.au

Tricia McGill
Telephone: 5995 2080
Email: tricia.mcgill@gmail.com
Website: www.bdi.org.au
Veterans website:
www.beyonddisability.com.au

A non-profit team of volunteers helping you in your home to get connected online using our supplied computers and broadband.

We help housebound mobility disabled and elderly disabled, wheelie kids, children in wheelchairs with laptops and Veterans with PTSD and their carers on the Mornington Peninsula and elsewhere.

Brotherhood of St Laurence
(Brotherhood Community Care Southern)
2 – 4 Overton Rd, Frankston 3199

Telephone: 1300 147 147
Fax: 8781 4299
Email: bacci@bsl.org.au
Website: www.bsl.org.au

Home Care Packages to people needing assistance to live at home and those who care for them. Case management, assistance with daily needs Such as personal care, shopping and meals, through to home nursing and specialist health services. Brotherhood Community Care encourages a Consumer Directed Care approach.

Calvary Silver Circle

973 Nepean Hwy, Moorabbin 3189

Telephone: 1300 660 022

Fax: 9577 3300

Email: care@silvercircle.com.au

Website: www.silvercircle.com.au

Services include home support, home safe and home alert information and advisory service.

Cancer Council of Victoria

615 St Kilda Road, Melbourne, VIC, 3004

Telephone: 9514 6100

Helpline: 13 11 20

Email: enquiries@cancervic.org.au

Website: www.cancervic.gov.au

Cancer Council Victoria is a non-profit organisation involved in cancer research, cancer support, prevention and advocacy.

Care Choice

E7/2A Westall Road, Clayton, Vic.

Telephone: 1300 737 942

Facsimile: 1300 737 943

Email: enquiries@carechoice.net.au

Website: www.carechoice.net.au

CareChoice is a DHS certified and ISP specialist provider of support in the home and community. We support anyone aged 4 years + with intellectual, physical, psychiatric and/or acquired disabilities. Our services include personal care, mobility and therapy support, respite care, complex & behavioural support, social support, travel training, transport, shopping & meal preparation, community access, overnight/24 hour care, gardening and school holiday programs.

<p>Carer Solutions Australia</p> <p>Telephone: 1300 729 839 Email: care@carersolutions.com.au Website: www.carersolutions.com.au</p>	<p>Allows families and individuals to employ the care/s of their choice. Our partners (clients) are able to choose people who are personally known to them (family in some cases). We take care of the administrative tasks associated with employing the carer (payment of wages, work cover, super etc.)</p>
<p>Commonwealth Respite and Carelink Centres</p> <p>Telephone: 1800 052 222 Email: commcarelink@health.gov.au Website: www9.health.gov.au/ccsd/</p>	<p>Commonwealth Respite and Carelink Centres provide a link to carer support services and can assist carers with options to take a break through short-term and emergency respite. Centres can also help with putting in place regular, planned respite, and information about local carer support, disability and community services.</p>
<p>Connecting Skills Australia 311 Racecourse Rd, Mornington 3939</p> <p>Telephone: 9784 3900 Fax: 9770 1366 Email: info@csa.org.au Website: www.csa.org.au</p>	<p>Offers individual and group support via day placement for adults with an intellectual disability throughout the Frankston & Mornington Peninsula Region.</p>
<p>Continence Foundation of Australia L1, 30-32 Sydney Rd, Brunswick VIC 3056 Telephone: (03) 9347 2522 Email: info@continence.org.au Website: www.continence.org.au</p>	<p>For continence management, promotion and advocacy.</p>

DASSI Disability Attendant Support Services Inc.

Telephone: 1300 135 087
Email: contact@dassi.com.au
Website: www.dassi.com.au

DASSI provides well planned services that meet individually negotiated support needs. Services offered include: personal care, community access, assistance with educational and/or work related tasks, complex health and medical care.

Diabetes Australia - Victoria
570 Elizabeth St, Melbourne 3000

Telephone: 1300 136 588
Fax: 9667 1778
Email: mail@diabetesvic.org.au
Website: www.diabetesvic.org.au

Services include the Clothing Collection service, information about diabetes, products, services, programs and events. We also facilitate community support groups throughout Victoria.

Down Syndrome Victoria

Telephone: 1300 658 873
Website: www.dsav.asn.au

A not-for-profit organisation established to provide support, encouragement, information and resources to people with Down syndrome, their families and the broader community.

Epilepsy Foundation of Victoria

Telephone: 1300 852 853
Website: www.epinet.org.au

Provides services to people living with epilepsy and their families, and works to raise awareness of epilepsy in organisations and the broader community to create a more welcoming and inclusive society.

<p>Focus Individualised Support Services Dromana 3936</p> <p>Telephone: 5981 5100 Email: info@focuslife.com.au Website: www.focuslife.com.au</p>	<p>Focus promotes empowerment and independence through a range of activities and developmental programs that enrich the person's quality of life. For each individual a person centred plan is designed and implemented based on personal interests and preferences.</p>
<p>Fragile X Association of Australia Telephone: 1300 394 636 Website: www.fragilex.org.au</p>	<p>Provides specialised clinics, information, support, counselling and workshops for people with Fragile X and their families.</p>
<p>Frankston City Council Home and Community Care</p> <p>Telephone: 1300 322 322 or 03 9784 1933 Fax: 03 9784 1770 Email: Intake@frankston.vic.gov.au Website: www.Frankston.vic.gov.au</p>	<p>Frankston City Council's Home and Community Care (HACC) Program can assist residents by providing a range of services to older people, people with disabilities and their carers, to enable them to maintain dignity and independence, living within their own home.</p>
<p>Genetic Support Network Victoria Telephone: 8341 6315 Website: www.gsnv.org.au</p>	<p>An organisation that supports and empowers people who are affected by a genetic condition as well as connect them with relevant service providers.</p>
<p>Guide Dogs Victoria 2-6 Chandler Hwy, Kew 3101</p> <p>Telephone: 9854 4444 Fax: 9854 4466 Email: referrals@guidedogsvictoria.com.au Website: www.guidedogsvictoria.com.au</p>	<p>A range of free mobility services to help people travel confidently and safely outside the home. Guide Dogs Victoria can also assist people of all ages living with low vision ranging through to total blindness.</p>

Hearing Life

Shop 2, 26 McLaren Place, Mornington 3931

Telephone: 5973 4422

Fax: 5975 6299

Email: mornington@hearinglife.com.au

Website: www.hearinglife.com.au

Hearing tests, hearing aids and many other services for people with a hearing impairment.

Huntington's Victoria

16 Wakefield Street, Hawthorn, 3122.

P.O. Box 2112, Hawthorn, 3122.

Telephone: 03 9818 6333

Free call: 1800 063 501

Fax: 9818 7333

Email: info@huntingtonsvic.org.au

Website: www.huntingtonsvic.org.au

Support for individuals and families, information and advice, respite and counselling.

IMPACT SUPPORT SERVICES

1 Douglas Grove, Frankston 3199

Telephone: 9770 6155

Fax: 9770 6355

Email: frankston@impact.vic.edu.au

Website: www.impact.vic.edu.au

Services include Leisure & Respite Option, Mental Health Services, Individualised Support Services; and Social Impact.

Independence Australia

208 Wellington St, Collingwood 3066

Telephone: 1300 704 456

Fax: 1300 704 451

Email: theteam@independenceaustralia.com

Website: www.independenceaustralia.com

A wide range of specialised personal services that enable people with a disability to achieve a better quality of life. Providing ongoing education and training to support workers, clients and their families.

Karingal Inc.

25 Leon Ave, Rosebud 3939 & 165 Frankston
Dandenong Road Frankston North 3200

Telephone: 5950 0100 (Rosebud) and
9786 6215 (Frankston)

Fax: 5986 6776

Email: konnections@karingal.org.au

Website: www.konnections.org.au

Karingal Inc can assist with a range of services for adults with a disability residing in Frankston and Mornington Peninsula Shire including respite, accommodation, in home support accredited training courses and individualised day supports.

**L.I.A.I.S.E Southern Health Carers
Support Respite Packages**

Level 2, 55 Buckingham Ave,
Springvale, 3171

Telephone: 9792 7425

Fax: 8558 9190

Email: disability.package@monashhealth.org

Funding packages for people with Acquired Brain Injury between the ages of 18 and 64 years. Services include assessment, planning, information and referral, access and integration into community services and activities.

Life Without Barriers

1-3 Brindalee Pl Cranbourne 3977

Telephone: 5990 3200

Website: www.lwb.org.au

A range of disability support services that are person centred, accessible and strengths based services are. We provide quality support that assists people in realising their full potential through empowering approaches.

Mecwacare

Telephone: 1800 163 292 / 9572 900

Email: community@mecwacare.org.au

Website: www.mecwacare.org.au

Mecwacare provides an adult training and support program offering choice, diversity and active participation for people with an intellectual disability.

MS Australia /VIC

Telephone: 1800 042 138 or
9845 2700
Email: msconnect@msaustralia.org.au
Website: www.msaustralia.org.au

Information, advice and support for people living with MS, their family and friends, Health Professionals and the community.

Muscular Dystrophy Association

Telephone: 9320 9555
Website: www.mda.org.au

Provides support and hope as an organisation respected by and a proponent of the Muscular Dystrophy Community

My Health Carers

33 Mereweather Ave, Frankston 3199

Telephone: 9783 7099
Fax: 9783 7299
Email: admin@myhealthcarers.com.au
Website: www.myhealthcarers.com.au

In-home support to older, frail and disabled members of the community. Services include personal care (showering, grooming etc.), home care, meal preparation, transport, shopping, appointments etc., respite/carer support, gardening and home modifications.

National Continence Helpline

Telephone: 1800 330 066
Email: helpline@continece.org.au
Website: www.plevicfloorfirst.org.au

Provides information, education and advice to callers with incontinence or who are caring for someone with incontinence.

National Relay Service**24 Hr Service**

To make a National Relay Service call:

Telephone / TTY: 133 677

Speak and listen: 1300 555 727

Website: www.relayservice.com.au

Email: helpdesk@relayservice.com.au

A phone solution for people who are deaf or have a hearing or speech impairment.

NRS Helpdesk: Mon – Fri
/ 8am – 6pm EST

Voice: 1800 555 660

TTY: 1800 555 630

SMS: 0416 001 350

Fax: 1800 555 690

Oz Child – Disability Program & Family Services Counselling

947 Nepean Hwy, Mornington 3931

Telephone: 5975 7644

Fax: 5975 4289

Website: www.ozchild.org.au

Take referrals from Disability Client Services (DHS), counselling for residents and their families who live within the Mornington Peninsula Shire.

Palliative Care Victoria

Level 2, 182 Victoria Pde, East Melbourne 3002

Telephone: 9662 9644

Fax: 9662 9722

Email: info@pallcarevic.asn.au

Website: www.pallcarevic.asn.au

Assists the community through education, information and referral.

Online Library:

www.pcvlibrary.asn.au

Parkinson's Victoria

8b Park Road, Cheltenham 3192

Free call: 1800 644 189

Telephone: (03) 9581 8700

Email: info@parkinsons-vic.org.au

Website: www.parkinsonsvic.org.au

Information, support, education, advocacy and referral.

**Peninsula and South East Regional
Communication Service**

Frankston Integrated Health Centre Hastings
Road, Frankston 3199

Telephone: 1300 665 781

Mobile: 0409 408 584

Email: rcs@phcn.vic.gov.au

Website: www.peninsulahealth.org.au

Information, advice, training and resources for adults with complex communication needs, their families, support staff, organisations, community groups and businesses.

**Peninsula Access Support and Training
Inc. (PAST)**

YOUR GOAL OUR MISSION

Level 1, Suite 1, 108-120 Young St, Frankston
3199

Telephone: 9775 7333

Email: past@past.org.au

Website: www.past.org.au

Support and services to people in activities of everyday life through individualised planning, respite and Day Program Activities, provided in various community locations. Support is provided in the areas of social and community involvement, independent living, prevocational training, recreation and leisure.

Polio Network Victoria

208 Wellington St, Collingwood 3066

Telephone: 1300 704 456

Fax: 1300 704 451

Email: polio@independenceaustralia.com

Website: www.independenceaustralia.com/poli

A free service that helps with relevant and accessible information, referral and support services to people who have had Polio, their families, carers and advocates.

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Prada-Willi Syndrome Association of Victoria

Telephone: 9889 7924
Website: www.pws.asn.au

The Prader-Willi Syndrome Association of Victoria is run by volunteers. It has a long experience of providing help, support and information to their members.

Scope

South Division – Cnr Station St & Nepean Hwy, Aspendale 3195

Telephone: 9587 8225
Website: www.scopevic.org.au

Flexible and individualised day and lifestyle options, therapy, information, education, employment, respite, advocacy and support for people with disabilities.

Mornington Peninsula Shire Home and Community Care

Telephone: 1300 850 600
Fax: 03 5950 1624
Email: customerservice@mornpen.vic.gov.au
Website: www.mornpen.vic.gov.au

Mornington Peninsula Shire's Home and Community Care (HACC) Program provides a range of services designed to support you, or the person you care for, to stay active and independent and living at home with a greater sense of wellbeing. HACC Services are available right across the peninsula.

SPELD Victoria

Telephone: 9489 4344
Website: www.speldvic.org.au

SPELD Victoria provides help and guidance to people with dyslexia and other learning difficulties.

Spina Bifida Foundation Victoria

Level 4, Ross House
247-251 Flinders Lane, Melbourne 3001
Telephone: 9663 0075
Email: info@sbfv.org.au
Website: www.sbfv.org.au

A range of resources in managing and preventing spina bifida. Programs include fitness and mobility, independent living and continence management.

Spinal Muscular Atrophy Association of Australia

Telephone: 9768 9052

Website: www.smaaustralia.com

Provides ongoing support and information to families and sufferers of Spinal Muscular Atrophy and provides equipment not provided by hospitals, to assist families with Spinal Muscular Atrophy to ease the burden of the disease.

Southern Health: Assisted Community Living (ACL) Packages

229 Thomas St, Dandenong 3175

Telephone: 8792 2256

Fax: 8792 2274

Website: www.southernhealth.org.au

Funding packages for adults with an Acquired Brain Injury, to help people be active in the community and encourage independent living and a better quality of life.

Southern Peninsula Community Care Inc.

169 Eastbourne Rd, Rosebud 3939

Telephone: 5986 2012

9am to 1.30pm Monday to Friday

Email: agedcare@spccare.org.au

Website: www.spccare.org.au

Community Outreach Activities Group provides community outings on a weekly basis to a variety of destinations.

Supreme Health Services

Telephone: 9571 2224

Fax: 9571 2730

Email:

support@supremehealthservices.com.au

Website:

www.supremehealthservices.com.au

Services available 24 hours, 7 days a week and include in-home service, personal care, respite care, overnight care, community access, companionship, transportation, light domestic duties and gardening.

Vicdeaf

Level 4, 340 Albert St, East Melbourne
3000

Telephone: 9473 1111

TTY: 9473 1199

Fax: 9473 1122

Skype: vicdeaf.reception

Email: info@vicdeaf.com.au

Website: www.vicdeaf.com.au

Client support services, independent case management, shared accommodation, employment support services, audiology, hearing loss management, assistive listening devices, sign language (Auslan) training, deaf awareness training, interpreting and live captioning booking and information.

Vision Australia

Telephone: 1300 847 466 or

TTY 02 9334 3260

Website: www.visionaustralia.org.au

Vision Australia is a non-for-profit organisation that leads in providing blindness and low vision services in Australia. They work in partnership with Australians who are blind or have low vision to help them achieve the possibilities they choose in life.

Wallara Australia Ltd

34 Potter St Dandenong 3175

Telephone: 9792 2985

Email: info@wallara.com.au

Website: www.wallara.com.au

Wallara offer a wide range of quality disability support services including In-home care, supported accommodation community based day services, high support and supported employment services.

Wesley Mission Victoria Connect South

2/121 Hall Rd Carrum Downs

Telephone: 9783 0570

Website: www.wesley.org.au

Wesley's Connect South program offers a wide range of innovative community and recreational activities for adults with a disability.

Who Cares We Care

Telephone: 9773 8839

Email: Jackie@whocareswecare.com.au

Website: www.whocareswecare.com.au

Who Cares? We Care! Provides support services for people requiring help at home. Services include personal care, home help, shopping, transport, meal prep and respite.

24. Transport

13CABS

Telephone: 13CABS
To book a wheelchair accessible Taxi
Telephone: 9277 3877
Website: www.13CABS.com.au

13CABS helps with mobility and independence for people facing transport disadvantage.

Dial-A-Bus

(Aged and Disability Services, Mornington Peninsula Shire)
Private Bag 1000, Rosebud, Vic. 3939
Telephone: 5950 1605

The Shire's Dial-A-Bus is a door to door bus service for passengers aged 60 plus and people of any age with a disability (and their carer).

Frankston City Council
Community Transport
Telephone: 9784 1933

Multi-Purpose Taxi Program

Telephone: 1300 638 802
Fax: 8683 0777
Email: mptp.taxi@taxi.vic.gov.au
Website: www.taxi.vic.gov.au

Available to permanent Victorian residents with a severe and permanent disability that affects their ability to independently use public transport. The MPTP Taxi Card provides half priced taxi travel.

Open Door Volunteer Medical Transport

Telephone:
Frankston: 9783 3782
Seaford: 9770 4039

Provides people living with medical conditions or disabilities transport to medical appointments, hospitals and medical related trips. Pick up and drop off only.

Cost: Donation

Peninsula Transport Assist Inc.

Telephone: (03) 5973 9819
Email: communitytransport@bsl.org.au
Website: www.peninsulatransportassist.org

Peninsula Transport Assist Inc., is an innovative vehicle and volunteer sharing network that pools community resources together. By enabling community organisations to drive further for cheaper, Peninsula Transport Assist Inc. help combat transport disadvantage throughout the Frankston and Mornington Peninsula region.

Southern Peninsula Community Care Inc.

169 Eastbourne Rd, Rosebud 3939

Telephone: 5986 2500
9am to 1.30pm Monday to Friday
Website: www.spccare.org.au

Medical Transport Service

Managed by Volunteers, this service coordinates transport to and from medical appointments. Eligibility criteria applies, along with 3 days notice of appointment. Cost is applicable to distance travelled.

Travellers Aid Australia

Telephone: 9654 2600

Email: info@travellersaid.org.au
Website: www.travellersaid.org.au

Support, advice and assistance to all travellers, including people in emergency situations and those with special needs. Services include: disabled toilets with adult change facility and hoist, wheelchair, electric scooter and electric wheelchair hire.

VicRoads

Telephone: 13 11 71
TTY: 13 36 77 then ask for 13 11 71 or contact via the National Relay Service
Website: www.vicroads.vic.gov.au

Services and information about driving for people with disabilities.

Centre for Developmental Disability Health Victoria

The Centre for Developmental Disability Health Victoria operates a number of consultancy and research clinics for people with intellectual and related developmental disabilities. These include:

- Medical Assessment Clinic
- Adult Psychiatry Clinic
- Human Relations Clinic

The CDDHV does not provide emergency, after hours or ongoing care services.

Building 1, 270 Ferntree Gully Rd, Notting Hill Vic 3168

Telephone: 03 9902 4467

Email: cddh@monash.edu

Fax: 03 9902 4974

Website: www.cddh.monash.org

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Your Feedback is Important

Let Us Know What You Think!

Contact your local MetroAccess officers to:

- Request additional copies of the Disability Services and Information Resource Guide
- Provide feedback or suggest changes to the next edition

Mornington Peninsula Shire

Disability Community Inclusion (MetroAccess) 5950 1630

Email: spcd.admin@mornpen.vic.gov.au

Frankston City Council

MetroAccess Officer: 9784 1955

Email: CommunityDevelopment@Frankston.vic.gov.au

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