Maternal and Child Health
General information

Additional programs

**Enhanced Maternal and Child Health Outreach Service**

This service is available to families experiencing multiple issues or difficulties who may require short term additional support.

**Parent education program**

The Parent education program lists different free sessions for all parents. Learn about sleep settling, post natal depression support, play groups, positive parenting, child behavioural management, early parenting workshops and more.

More information is available on Council’s website and at our Maternal and Child Health Centres.

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**Maternal and Child Health Centres**

- **Baden Powell**: Corner Humphries Road and Baden Powell Drive, Frankston
- **Banyan Fields**: 90A Cadles Road, Carrum Downs
- **Belvedere**: 1 Moomba Avenue, Seaford
- **Botany Park**: 53 Lyrebird Drive, Carrum Downs
- **Karingal Place**: 103 Ashleigh Avenue, Frankston
- **Joy Street**: 15 Joy Street, Frankston
- **Lakewood**: 107-109 Raphael Crescent, Frankston
- **Langwarrin**: 6 Allen Crescent, Langwarrin
- **Langwarrin Park**: 29 Northgateway, Langwarrin
- **Montague Park**: Bentley Place, Frankston
- **Mahogany Rise**: 25 Jenkens Street, Frankston North
- **Rowellyn**: 37 Rowellyn Avenue, Carrum Downs
- **Seaford**: 41 Railway Parade, Seaford

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**Frankston City Council**

Phone 1300 322 322
frankston.vic.gov.au

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For all families with children aged 0–6 years in Frankston City
What we provide

Health education
- Advice and guidance on parenting
- Information regarding child growth, behaviour and development
- Lactation consultancy, advice on infant and family nutrition
- Advice on home safety and accident prevention
- Information on topics including dental health, sleep settling
- Counselling in relation to child behaviour
- Monitoring the development of the child

Health advice
- Children’s health
- Vision screening test
- Immunisation
- Women’s health issues

Family support
- New parent groups at centres
- Information about local community resources
- Cooperation with other support agencies
- Recognition and support where children are at risk
- Referral to appropriate professional

Immunisation
Immunisation sessions are available at Maternal Child and Health Centres, Community Centres as well as one evening session per month.
Check with your nurse for the various session times and venues.

What to bring
- A change of clothes for the child
- A bunny rug
- Plastic bag for dirty nappy
- Child Health Record book
Please note Council has a policy of not allowing disposable nappies to be disposed of at the centre.

Maternal and Child Health key ages and stages developmental assessments
- At home visits
- 2, 4, 8 week check ups
- 4, 8, 12 and 18 month check ups
- 2 and 3½ years

Bookings and enquiries
For any enquiries please call Maternal and Child Health Booking on 9784 1756 to:
- Make an appointment for consultation at your Maternal and Child Health Centre
- Speak to a local Maternal and Child Health Nurse

A 24-hour state-wide Maternal and Child Health telephone advisory service can be reached on 132 229